

MEET FORMAT: This is a prelim-finals meet for all age groups with the exception of relays and all of Sunday's events. Preliminaries will swim in the two pools. Finals will swim in one pool with the exception of the relays and distance events.* Sunday will be timed finals in the morning swimming in two pools.
*see distance section.

Friday morning will be pre-seeded. No scratch box will be used for Friday morning events.

10 & Under events will swim the top 8 qualifiers from Prelims in Finals.

11-12, 13-14 and senior events will swim the top 16 qualifiers from Prelims in Finals.

The A heat of finals will swim first and then be followed by the B heat.

Relays will swim at the beginning of prelims on a timed final basis at the appropriate end of the pool

For teams from out of the North Texas LSC, the meet will be limited to the first 400 non NT-LSC swimmers. Please be sure to check with the meet director prior to setting up your meet travel plans

SCHEDULE: The following schedule will be used as a guideline for all activities.

FRIDAY AND SATURDAY

7:00 to 7:30 a.m.	1 st Warm-up
7:30 to 8:00 a.m.	2 nd Warm-up
8:00 to 8:30 a.m.	3 rd Warm-up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Prelim session starts
5:00 to 5:45 p.m.	Finals Warm-up
6:00 p.m.	Finals start for today's events
6:30 p.m.	Positive check-in/scratch due

SUNDAY, February 6

7:00 to 7:30 a.m.	1 st Warm-up
7:30 to 8:00 a.m.	2 nd Warm-up
8:00 to 8:30 a.m.	3 rd Warm-up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Timed Finals

ELIGIBILITY: NO ENTRIES WILL BE ACCEPTED UNLESS THE ENTRANT IS A REGISTERED ATHLETE MEMBER WITH USA SWIMMING, INC. EVERY CLUB ENTERED AS A TEAM IN NORTH TEXAS SWIMMING SANCTIONED MEETS MUST BE A MEMBER OF USA SWIMMING, INC. Entries with "applied for" or "pending" registration will not be accepted. There will NOT be an opportunity to obtain a valid USA Swimming number or registration at the competition. The complete USA Swimming registration numbers must be on the consolidated swimmer entry form. Swimmers age as of the start of the meet (February 3, 2012) will determine their age for the entire meet. All swimmers must meet the current national "A" time standards established for each event he/she enters in SCY, SCM, or LCM. Qualifying time for 15&O events are the 15-16 National Age Group "A" Time Standards. Typographical and transcription errors with regards to achieved qualification times will fall under the current USA Swimming Rules and Regulations Paragraph 207.10.5.

ENTRIES: Swimmers may enter as many qualified events as desired but may only compete in a total of seven (7) individual events during the entire meet with no more than three (3) individual events during any one day, plus one (1) relay per day
All seed times should be submitted to the 100th of a second.

RELAYS: All relays entries must accompany individual entries and be submitted by the entry deadline (January 26, 2012) no exceptions. All relay swimmers must be entered in an individual event in the meet. Swimmers' names must be confirmed with the Clerk of Course by 6:30 pm the night before the relay swims. There are no late entries for relays.

DISTANCE EVENTS: The 500 Free, 400 IM and 1000 Free will be deck seeded.

The 500 Free will be swum as a timed final for 10 and unders with the top 8 swimmers swimming at night. 500 free and 400 IM will swim as prelims-finals events with the top 8 qualifiers from the preliminary session advancing to the finals session for 11 and overs. The 500 Free and the 400 IM will be seeded according to USA Swimming Rules and Regulations Paragraph 102.5.1; However, in reverse order of heats (Fastest to Slowest).

The first three heats of the 500 Free and 400 IM will be swum first in event order as defined by the pool assignments for that session. The remaining heats of the 500 Free and 400 IM will be swum in event order after the first three heats have concluded for all events of the 500 Free and 400 IM.

The 1000 Freestyle event will be swum fastest to slowest as a Timed Final, seeded by qualification times. Entries for the 1000 Freestyle will be limited to the fastest 16 submitted seed times in 11-12 by gender, and the fastest 40 submitted seed times in the 13 and over age group by gender after the check-in deadline. The 13 & Over 1,000 yd. Free will swim together, but scored separately.

The 1000 Freestyle heats will be swum fastest to slowest as the final event in Sunday's timed finals alternating girls/boys. There will be a 10 minute break between the last event and the first 1000 Freestyle heat.

ENTRY FEES: Individual events \$7.50 per event and relays \$10.00 per relay event.

A \$3.00 per swimmer surcharge will be charged per North Texas Inc. Policies and Procedures.

Late individual entries \$15.00. No late entries for relays.

ENTRY PROCESS: All entries must be submitted using the USA Swimming OME (Online Meet Entry) system at www.usaswimming.org/ome beginning on January 1, 2012 and not later than January 26, 2011 at 6:00PM Central Time. OME is not an eligibility report; coaches are responsible for knowing events for which their swimmers are qualified. You can modify your entry on-line by adding to the original entry. You cannot delete an on-line entry once it has been through the check-out process. Once you complete your on-line entry, you will be sent confirmation via e-mail. Your team entry personnel are responsible for confirming receipt of entries with the Meet Entry Contact if an acknowledgment is not received. Please keep all of these and bring them with you to the meet (just in case).

Please send an Email with the attached meet entry fee report to: liz@planoswimming.org

Fees shall be mailed and postmarked by the entry date. The name, phone number and email address of the person preparing team entries shall be provided with the entries.

Mail entries fees to: Liz Kershaw liz@planoswimming.org 972-398-7946
City of Plano Swimmers
Attn: Meet Entries
2925 West 15th Street
Plano, TX 75075-7632
Make checks payable to: COPS, Inc.

PROOF OF TIME: All times must be provable in SWIMS or equivalent international database.

*Swimmers may use their 1000/800/1500/1650 times to enter the 1000. Priority will be given to times in the following order 1000/800/1650/1500.

ON DECK ENTRIES: Swimmers must be entered in the meet by the January 26, 2012 deadline in at least one event to be allowed to deck enter events on a first come first serve basis. Late entries will be accepted at clerk of course, up until 6:30 PM the night before for all events other than the 1000*. After 6:30 PM the night prior, late entries will be accepted for open lanes only. No new heats will be created. Those late entries will be accepted at \$15.00 per event until 30 minutes prior to the start of each session. Time or event number changes that are submitted after the entry deadline of January 26, 2012 will be considered and charged a late entry fee. Current proof of times from SWIMS or equivalent international database must be provided at the time of late entry.

*Late entries will be accepted for the 1000 only if there are less than 16/40 entries in the event.

NO DECK REGISTRATIONS WILL BE ACCEPTED

SCORING: All events will be scored by age groups. Swimmers will accumulate points in the age group in which they swim. If a swimmer swims up in the next age group, then the points are scored for that age group. (IE: 14 year old swimming in open events).
Individual Events: 1st through 8th: 20, 17, 16, 15, 14, 13, 12, 11
9th through 16th: 9, 7, 6, 5, 4, 3, 2, 1
Relays Events: 1st through 8th: 40, 34, 32, 30, 28, 26, 22, 20

SPECTATOR SEATING: The top row of seating on either side will be reserved for handicap. Please no coolers or wet swimmers in the stands. NO SAVING OF SEATS or reserving of seats for the next session of the meet will be allowed.

CONCESSIONS: Food will be sold at the Natatorium, in accordance with RISD and Rockwall Health Department regulations.

HOSPITALITY: A hospitality room and complimentary heat sheets will be provided for coaches and officials.

MEET RESULTS: Meet results will be posted on the North Texas Web Page www.ntswim.org within three days after the conclusion of the meet.
Live results will be available at planoswimming.org.

MERCHANDISE: D&J Sports will be at the meet selling swim apparel and swim gear.
Meet programs and meet shirts will be sold on the days of the meet.

TIMERS: COPS provides timers for the meet with the exception of the distance events. However, if your club has anyone who would like to volunteer to help time, please send them to the Head Timer at any time. There may be a few instances where timers are needed and will be called for from the stands. Swimmers who are competing in the 500 Free, 400 IM or the 1,000 Free need to provide their own timers.

ADMISSION: No admission will be charged for the event for parents in the stands.

ADMISSION TO DECK:

Deck Passes will be issued to meet workers and to USAS registered Coaches, Officials and Meet Marshals who are working in an official capacity at the SPEEDO Greater Southwest Invitational. Spectators serving as timers will be allowed on deck only while timing. The deck will be closed to all other non-swimmers. All coaches will have USA Registration Credentials checked prior to being allowed on deck. All teams should provide the names of all attending coaches as part of the meet entries on the Team Summary Sheet.

PSYCHE SHEETS: Psyche sheets will be available for all sessions at a onetime charge of \$15.00 with coupons to redeem for finals heat sheets. Please note that programs will be available in psyche sheet format.

OFFICIALS: An application will be applied for this meet to be used for National Certification for all qualified officials. Approval will be located on the North Texas website (www.ntswim.org). No application for evaluation is required prior to the meet. The application for National Certification will be available on the North Texas Swimming website (www.ntswim.org).

All officials are required to show current USA Swimming credentials to work this meet.

All officials are encouraged to attend an officials meeting one hour prior to the start of each session. This meeting will review and clarify any rules necessary as well as answer questions. The uniform for all Preliminary sessions and timed finals will be white polo shirt over navy shorts/pants/skirt, as appropriate. Finals uniform will be navy blue polo shirt over khaki pants/skirt (NO shorts), as appropriate.

Referee	Gloria Schuldt	schuldt@earthlink.net
National Observer	Jeannine Dennis	
Admin Referee	Lisa Stults	
Starter	Lorraine Temple	
Stroke and Turn Judges	Sammie Krepp, Stephanie Jones, Ruchi Srivastava, Mark Lee	
Meet Director	Karen Pittman	mkmapitt@msn.com
	Liz Kershaw	liz@planoswimming.org 972-398-7946
Head Safety Marshall	Mehran Mobasseri	

**SPEEDO Greater Southwest Invitational
Schedule of Events
Friday, February 3, 2012**

Girls Event #	"A" Time	Event Description	"A" Time	Boys Event #
1	1:11.89	10 & under 100 Free	1:10.79	2
3	1:03.09	11-12 100 Free	1:02.69	4
5	1:02.19	13-14 100 Free	57.39	6
7	1:00.79	Senior 100 Free	55.19	8
9	2:55.99	10 & under 200 IM	2:55.29	10
11	2:37.59	11-12 200 IM	2:35.59	12
13	2:30.49	13-14 200 IM	2:20.29	14
15	2:26.99	Senior 200 IM	2:15.09	16
17	37.29	10 & under 50 Fly	36.69	18
19	32.39	11-12 50 Fly	32.09	20
21	1:07.79	13-14 100 Fly	1:02.89	22
23	1:06.29	Senior 100 Fly	1:00.09	24
25	2:56.89	11-12 200 Breast	2:52.89	26
27*	6:48.39	10 & under 500 Free	6:44.59	28*
29*	6:09.29	11-12 500 Free	6:04.69	30*
31*	5:52.99	13-14 500 Free	5:35.19	32*
33*	5:47.39	Senior 500 Free	5:24.29	34*

*Swimmers need to provide their own timer and counter for the 500 yard Freestyle. Please refer to the distance section for specifics on how events will be swum.

Saturday, February 4, 2012

Girls Event #	"A" time	Event Description	"A" time	Boys Event #
35		10 & under 200 Free Relay		36
37		11-12 200 Free Relay		38
39		13-14 200 Free Relay		40
41		Senior 200 Free Relay		42
43	2:36.39	10 & under 200 Free	2:31.89	44
45	2:19.89	11-12 200 Free	2:16.19	46
47	2:13.79	13-14 200 Free	2:05.29	48
49	2:10.39	Senior 200 Free	2:00.09	50
51	41.99	10 & under 50 Breast	42.19	52
53	37.79	11-12 50 Breast	37.29	54
55	1:17.59	13-14 100 Breast	1:12.09	56
57	1:15.69	Senior 100 Breast	1:08.89	58
59	1:22.19	10 & under 100 Back	1:21.29	60
61	1:14.19	11-12 100 Back	1:12.29	62
63	2:27.29	13-14 200 Back	2:18.19	64
65	2:23.89	Senior 200 Back	2:12.39	66
67	2:38.59	11-12 200 Fly	2:35.29	68
69	1:22.59	10 & under 100 IM	1:21.09	70
71	1:13.99	11-12 100 IM	1:11.49	72
73*	5:36.09	11-12 400 IM	5:28.89	74*
75*	5:17.79	13-14 400 IM	5:00.49	76*
77*	5:09.89	Senior 400 IM	4:47.79	78*

*Swimmers need to provide their own timer and counter for the 400 yard IM. Please refer to the distance section for specifics on how events will be swum.

Sunday, February 5, 2012

<i>Girls Event #</i>	<i>"A" time</i>	<i>Event Description</i>	<i>"A" time</i>	<i>Boys Event #</i>
79		10 & under 200 Medley Relay		80
81		11-12 200 Medley Relay		82
83		13-14 200 Medley Relay		84
85		Senior 200 Medley Relay		86
87	1:26.69	10 & under 100 Fly	1:25.59	88
89	1:13.19	11-12 100 Fly	1:11.69	90
91	2:28.59	13-14 200 Fly	2:20.29	92
93	2:24.49	Senior 200 Fly	2:13.39	94
95	38.09	10 & under 50 Back	38.29	96
97	33.89	11-12 50 Back	33.49	98
99	1:08.49	13-14 100 Back	1:04.19	100
101	1:06.59	Senior 100 Back	1:01.09	102
103	1:33.39	10 & under 100 Breast	1:31.79	104
105	1:22.19	11-12 100 Breast	1:20.49	106
107	2:46.79	13-14 200 Breast	2:36.29	108
109	2:42.79	Senior 200 Breast	2:30.09	110
111	32.19	10 & under 50 Free	31.59	112
113	29.49	11-12 50 Free	28.59	114
115	28.69	13-14 50 Free	26.29	116
117	27.99	Senior 50 Free	25.29	118
119*	2:35.89	11-12 200 Back	2:32.89	120*
121*	12:51.69	11-12 1000 Free	12:42.89	122*
		13 & over 1000 Free		
123*	12:07.59	13-14	11:36.39	124*
223*	11:55.89	Senior	11:12.19	224*

*Swimmers need to provide their own timer and counter the 1000 yard Freestyle. Please refer to the distance section for specifics on how events will be swum.