

2012 NT Div 2 BB BEAST 'Go the Distance' Meet

HOSTED BY METROPLEX AQUATICS

SPONSORED BY SunnyD

January 27 and 29, 2012

Friday and Sunday Only

SANCTION # NT 003-12

Revised Entry Eligibility on 12/4/11, Month corrected on 12/29/11

Location: Don Rodenbaugh Natatorium, 110 E Rivercrest, Allen, TX 75002.

Facility: The facility is a 10 lane, 25-yard indoor pool with Daktronics Timing System, separate warm-up/warm-down pool.

Pool Measurement: The competition course has not been certified in accordance with 104.2.2C(4). The minimum water depth measured in accordance with Article 103.2.3 is 6 ft. deep on the start end. There are various depths at the turn end; lanes 1-3 are 12 ft. deep, lanes 4-7 are 7 ft. deep and lanes 8-10 are 6 ft. deep.

Sanction: This meet is held under the sanction of USA Swimming, Inc., and North Texas Swimming Inc. Sanction number is NT 003-12.

LIABILITY: "IN GRANTING THIS SANCTION AND BY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, CITY OF ALLEN, ALLEN ISD AND METROPLEX AQUATICS SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET." "DAMAGE TO A FACILITY, WHEN PROVED, WILL CAUSE THE OFFENDING SWIMMER, IF UNATTACHED, OR THE OFFENDING SWIMMER'S CLUB, IF ATTACHED, TO BE HELD ACCOUNTABLE FOR REPAIRS."

Schedule:

	Day	Warm-Up	Meet Starts
Session I	Friday Jan. 27	Group 1 -- 4:30-5:00 pm Group 2 -- 5:00-5:30 pm All teams -- 5:30-5:45 pm	6:00 pm
Session II	Sunday Jan. 29	Group 2 -- 7:00-7:30 am Group 1 -- 7:30-8:00 am All Teams -- 8:00-8:15 am	8:30 am

Warm-up groups may be modified at the meet director's discretion. Groups assignments will be posted on the Metroplex Aquatics Swim Team website at www.metro-aquatics.org on Tuesday, 1/24/12.

Warm-up Procedures: North Texas Swimming, Inc. safety guidelines and warm-up procedures will be in effect at this meet.

General Warm-up (30 minutes)

- All lanes to be used for general warm-up.
- NO diving, sprinting or pace work during general warm-up.
- Swimmers shall enter the pool feet first in a cautious manner.

Specific Warm-up (last 15 minutes)

- Lanes 1 & 10 Push/Pace Circle swimming only, NO DIVING.
- Lanes 2 & 9 General warm-up Circle swimming only. NO DIVING.
- Lanes 3,4,5,6,7 & 8 Racing starts Swimming one direction only. Exit far end of pool.

Rules: Current USA Swimming, Inc. rules will apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. *ALL SPECTATORS MUST REMAIN IN THE SEATING AREA.*

Unattached/Unaccompanied Athletes: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility: A swimmer may enter any event for which they are eligible to compete at the "BB" level. A swimmer may not enter any event in which he/she has achieved an "A" time. NO BONUS SWIMS WILL BE ACCEPTED. Once the 12 & U swimmer has achieved 3 or more BB they can swim any event up to the daily limit. When a 12&U swimmer has entered less than 3 bb timed events in this meet, the coach must present evidence of 3 bb qualified events. Please submit this data in a document to be sent with the meet entries. All 13 and over swimmers are considered BB swimmers but must follow the "A" time rule stated above. No entries will be accepted unless the entrant is a registered athlete member of USA Swimming, Inc. Every club entered as a team in North Texas Swimming sanctioned meets must be a member of USA Swimming, Inc. No USA Swimming Registrations will be accepted at the meet. Swimmer's age as of 1/27/12 shall determine his/her age for the entire meet.

Entry Deadline: Zipped team manager/teamunify entry file must be submitted by email with an attached document of the meet entries report by name and a meet entry fee report. Please include the team name, preparer's name, phone number and email address so that confirmation can be sent to the person who prepared the entries.

Individual entries and entry fees are due no later than 6:00 pm on Thursday, January 19, 2012.

Entry Fees and Limit: A swimmer may enter up to four (4) individual events per day. Swimmers may enter only 1000 Free or 1650 Free, not both if eligible. Entry fees are \$3.25 per individual event. North Texas surcharge of \$3.00 per swimmer will be charged.

Late Entries: Late entries will be accepted up to 30 minutes prior to the start of each session at \$9.75 per individual event. Any athlete late entering the meet that is not already entered in the meet MUST present their current registration card. Any athlete late entering an event MUST present a current print out of their short course and long course best times from SWIMS on the USA Swimming Website.

NO DECK REGISTRATIONS WILL BE ACCEPTED.

Email Entries to: Lisa Stults at lisa0908@att.net (Confirmation will be sent after entries are received.)
Problems or questions call 972-741-7416

Mail Checks to: **Metroplex Aquatics**
1314 W. McDermott Drive
Suite 106, #521
Allen, TX 75013

Make checks payable to Metroplex Aquatics.

Seeding: All events will be conducted as timed finals and will be deck seeded. Seed times entered shall be the swimmer's best time for the stroke and distance. If the swimmer has not previously competed in the stroke and distance, N.T. (No Time) shall be entered.

Meet Operations: All events will be swum fastest to slowest.

Check-In: Positive check-in is required. The check-in deadline is 30 minutes prior to the scheduled start of the event. There are three check-in options:

Indicates swimmer will swim the event.

SCR Indicates swimmer will not swim the event.

Indicates swimmer will not swim the event.

Meet Program: Psych sheets will be available for a one-time \$5 charge.

Awards and Scoring: Ribbons will be awarded for individual events 1st - 8th, awarded by age groups. Team points will be calculated but team awards will not be given. Individual Events 11-9-8-7-6-5-4-3-2-1

Additional Information: Admission and parking are free. Overflow parking is available by the high school tennis courts. The use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. No flash photography at start of race.

Concessions: Concessions will be available for purchase.

Hospitality: Hospitality will be available for all meet officials and coaches.

Timers: Metro will be providing timers for the meet, however, if you would like to volunteer, please see the Head Timer.

Meet Referee: Jane Maxvill janemaxvill@clearhavencruises.com

Starter: Jana Morrison, Mike McDonald

Stroke & Turn: Karen Blanchard, Scott Leeper, & Stephanie Jones

Meet Director: Brent Mitchell

Head Safety Marshal: Ginger Brennecke

Admin Referee: Lisa Stults lisa0908@att.net

Admin Official: Diana Stambaugh

Warm-ups 4:30-5:45pm			Friday January 27, 2012		session start 6:00pm	
Girls	Slower than	Faster than or equal	Event Description	Slower than	Faster than or equal	Boys
1	2:55.99	3:19.39	10&Under 200 IM	2:55.29	3:18.09	2
3	11&Over 400 IM					4
	5:36.09	6:04.19	11-12	5:28.89	5:56.29	
	5:17.79		13-14	5:00.49		
	5:09.89		15&O	4:47.79		
5	1:22.19	1:33.99	10&Under 100 Back	1:21.29	1:32.09	6
7	11&Over 200 Back					8
	2:35.89	2:48.89	11-12	2:32.89	2:45.59	
	2:27.29		13-14	2:18.19		
	2:23.89		15&O	2:12.39		
9	12&Under 500 Free **					10
	6:48.39	7:39.49	10&U	6:44.59	7:35.19	
	6:09.29	6:40.09	11-12	6:04.69	6:35.09	
11	13&Over 500 Free **					12
	5:52.99		13-14	5:35.19		
	5:47.39		15&O	5:24.29		

**Event swum alternating heats of girls and boys (Event 9/10 then 11/12). All swimmers must provide their own timer and lap counter.

Warm-ups 7:00-8:15am			Sunday January 29, 2012		session start 8:30am	
Girls	Slower than	Faster than or equal	Event Description	Slower than	Faster than or equal	Boys
13	12&Under 200 Free					14
	2:36.39	2:58.29	10&U	2:31.89	2:50.89	
	2:19.89	2:31.49	11-12	2:16.19	2:27.49	
15	13&Over 200 Free					16
	2:13.79		13-14	2:05.29		
	2:10.39		15&O	2:00.09		
17	1:33.39	1:46.69	10&Under 100 Breast	1:31.79	1:43.69	18
19	11&Over 200 Breast					20
	2:56.89	3:11.69	11-12	2:52.89	3:07.29	
	2:46.79		13-14	2:36.29		
	2:42.79		15&O	2:30.09		
21	1:26.69	1:42.09	10&Under 100 Fly	1:25.59	1:40.39	22
23	11&Over 200 Fly					24
	2:38.59	2:51.79	11-12	2:35.29	2:48.29	
	2:28.59		13-14	2:20.29		
	2:24.49		15&O	2:13.39		
25	11&Over 1000 Free **					26
	12:51.69	13:55.99	11-12	12:42.89	13:46.49	
	12:07.59		13-14	11:36.39		
	11:55.89		15&O	11:12.19		
27	11&Over 1650 Free **					28
	21:39.59	23:27.89	11-12	21:23.59	23:10.49	
	20:12.19		13-14	19:15.69		
	19:58.89		15&O	18:47.99		

**Event swum alternating heats of girls and boys *Event 25/26 then 27/28). All swimmers must provide their own timer and lap counter. Swimmers may enter only 1000 Free or 1650 Free, not both.