

**2012 NT Div 1 BB Invitational Meet
Hosted by Mid-Cities Arlington Swimming
January 27 and 29, 2012
Friday and Sunday Only
SANCTION # NT 005-12**

Location: Trinity HS, 500 N. Industrial Blvd, Euless, TX 76039

Facility: The facility is an 8 lane, 25-yard indoor pool with Colorado Timing System.

Pool Measurement: The competition course has not been certified in accordance with 104.2.2C(4). The minimum water depth measured in accordance with Article 103.2.3 is 6 ft. deep on the start end. The depth at the turn end of the pool is 4 ft.

Sanction: This meet is held under the sanction of USA Swimming, Inc., and North Texas Swimming Inc. Sanction number is NT 005-12.

LIABILITY: "IN GRANTING THIS SANCTION AND BY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, HEBISD ISD AND MID-CITIES ARLINGTON SWIMMING SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET." "DAMAGE TO A FACILITY, WHEN PROVED, WILL CAUSE THE OFFENDING SWIMMER, IF UNATTACHED, OR THE OFFENDING SWIMMER'S CLUB, IF ATTACHED, TO BE HELD ACCOUNTABLE FOR REPAIRS."

Schedule:

	<u>Warm-Up</u>	<u>Meet Starts</u>
Session I Friday Jan. 27	Group 1 -- 4:30-5:00 pm Group 2 -- 5:00-5:30 pm	6:00 pm
All teams -- 5:30-5:45 pm		
Session II Sunday Jan. 29	Group 2 -- 7:00-7:30 am Group 1 -- 7:30-8:00 am	8:30 am
All Teams -- 8:00-8:15 am		

Warm-up groups may be modified at the meet director's discretion. Group assignments will be posted on the MARS website (www.marswim.org) by Tuesday, January 24th.

Warm-up Procedures: North Texas Swimming, Inc. safety guidelines and warm-up procedures will be in effect at this meet.

General Warm-up (30 minutes)

- All lanes to be used for general warm-up.
- NO diving, sprinting or pace work during general warm-up.
- Swimmers shall enter the pool feet first in a cautious manner.

Specific Warm-up (last 15 minutes)

Lanes 1 & 8	Push/Pace Circle swimming only, NO DIVING.
Lanes 4&5	General warm-up Circle swimming only. NO DIVING.
Lanes 2,3,6 & 7	Racing starts Swimming one direction only. Exit far end of pool.

Rules: Current USA Swimming, Inc. rules will apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet. *ALL SPECTATORS MUST REMAIN IN THE SEATING AREA.*

Unattached/Unaccompanied Athletes: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Eligibility: A swimmer may enter any event for which they are eligible to compete at the "BB" level. A swimmer may not enter any event in which he/she has achieved an "A" time. A swimmer with one or more cuts of the applicable time standard will be allowed up to 2 bonus entries provided they have entered at least one event with the cut. Once they have 3 or more BB or A times they can swim up to daily limit any distance. All 13 and over swimmers are considered BB swimmers but must follow the "A" time rule stated above. No entries will be accepted unless the entrant is a registered athlete member of USA Swimming, Inc. Every club entered as a team in North Texas Swimming sanctioned meets must be a member of USA Swimming, Inc. No USA Swimming Registrations will be accepted at the meet. Swimmer's age as of 1/27/12 shall determine his/her age for the entire meet.

Entry Deadline: Zipped entry file must be submitted by email with an attached document of the meet entries report by name and a meet entry fee report. Please include the team name, preparer's name, phone number and email address so that confirmation can be sent to the person who prepared the entries. ***Please be sure to mark bonus events on each swimmer's entry, if applicable.*** Entries and entry fees are due no later than 6:00 pm on Thursday, January 19, 2012.

Entry Fees and Limit: A swimmer may enter up to four (4) individual events per day. Entry fees are \$3.25 per individual event. North Texas Swimming surcharge of \$3.00 per swimmer will be charged to each swimmer entered in the meet.

Late Entries: Late entries will accepted up to 30 minutes prior to the start of each session at \$9.75 per individual event. Any athlete late entering the meet that is not already entered in the meet MUST present their current registration card. Any athlete late entering an event MUST present a current print out of their short course and long course best times from SWIMS on the USA Swimming Website. **NO DECK REGISTRATIONS WILL BE ACCEPTED.**

Entries: Email entries to: Brian Dangelmaier (coachbrian@marswim.org). If you have questions please email or call 817-925-0505. Checks, made payable to MARS, should be mailed to: **MARS, PO Box 13849, Arlington, TX 76094.**

Seeding: All events will be conducted as timed finals and will be deck seeded. Seed times entered shall be the swimmer's best time for the stroke and distance. If the swimmer has not previously competed in the stroke and distance, N.T. (No Time) shall be entered.

Check-In: Positive check-in is required. The check-in deadline is 30 minutes prior to the scheduled start of the event. There are three check-in options:
 v Indicates swimmer will swim the event.
 SCR Indicates swimmer will not swim the event.
 _____ Indicates swimmer will not swim the event.

Meet Program: Psych sheets will be available for a one-time \$5 charge.

Awards and Scoring: Ribbons will be awarded for individual events 1st - 8th, awarded by age groups. Team points will be calculated but team awards will not be given. Individual Events 9-7-6-5-4-3-2-1

Additional Information: Admission and parking are free. The use of audio or visual recording devices, including cell phones, is not permitted in changing areas, rest rooms or locker rooms. No flash photography at start of race.

Hospitality: Hospitality will be available for all meet officials and coaches.

Meet Referee: Robert Steffner

Starter: Jeff Muncher

Stroke & Turn: Rodney Yanai, Don Whitfield

Meet Director: Brian Dangelmaier

Head Safety Marshal: David Coward

Admin Referee: Bill Brown

Session 1 (Friday): Meet starts 6pm				
Girls	Between "A" and "BB"	Event Description	Between "A" and "BB"	Boys
1	2:56.00 - 3:19.39	10 & Under 200 IM	2:55.30 - 3:18.09	2
3	5:36.10 - 6:04.19 5:17.80 - 5:44.29 5:09.90 - 5:35.69	400 IM 11-12 13-14 15&O	5:28.90 - 5:56.29 5:00.50 - 5:25.49 4:47.80 - 5:11.79	4
5	1:22.20 - 1:33.99	10 & Under 100 Back	1:21.30 - 1:32.09	6
7	2:35.90 - 2:48.89 2:27.30 - 2:39.59 2:23.90 - 2:35.89	200 Back 11-12 13-14 15&O	2:32.90 - 2:45.59 2:18.20 - 2:29.79 2:12.40 - 2:23.39	8
9	6:48.40 - 7:39.49 6:09.30 - 6:40.09 5:53.00 - 6:22.39 5:47.40 - 6:16.29	500 Free* 10 & Under 11-12 13-14 15&O	6:44.60 - 7:35.19 6:04.70 - 6:35.09 5:35.20 - 6:03.19 5:24.30 - 5:51.29	10

*Swimmers must provide their own timers and lap counters. Heats will be swum fastest to slowest, alternating girls and boys.

Session 2 (Sunday): Meet starts 8:30am				
Girls	Between "A" and "BB"	Event Description	Between "A" and "BB"	Boys
11	2:36.40 - 2:58.29 2:19.90 - 2:31.49 2:13.80 - 2:24.99 2:10.40 - 2:21.19	200 Free 10 & Under 11-12 13-14 15&O	2:31.90 - 2:50.89 2:16.20 - 2:27.49 2:05.30 - 2:15.69 2:00.10 - 2:10.09	12
13	1:33.40 - 1:46.69	10 & Under 100 Breast	1:31.80 - 1:43.69	14
15	2:56.90 - 3:11.69 2:46.80 - 3:00.69 2:42.80 - 2:56.39	200 Breast 11-12 13-14 15&O	2:52.90 - 3:07.29 2:36.30 - 2:49.39 2:30.10 - 2:42.59	16
17	1:26.70 - 1:42.09	10 & Under 100 Fly	1:25.60 - 1:40.39	18
19	2:38.60 - 2:51.79 2:28.60 - 2:40.99 2:24.50 - 2:36.49	200 Fly 11-12 13-14 15&O	2:35.30 - 2:48.29 2:20.30 - 2:31.99 2:13.40 - 2:24.49	20
21	12:51.70 - 13:55.99 12:07.60 - 13:08.29 11:55.90 - 12:55.49	1000 Free* 11-12 13-14 15&O	12:42.90 - 13:46.49 11:36.40 - 12:34.39 11:12.20 - 12:08.19	22

*Swimmers must provide their own timers and lap counters. Heats will be swum fastest to slowest, alternating girls and boys.