

B/C Division II
Hosted by North Texas Nadadores
December 10-11, 2011
Sanction # NT 064-11

LOCATION: CISD Aquatic Center, 1501 W. Southlake Blvd., Southlake, TX.

POOL: Competition pool is an 8 Lane 50 meter pool with non-turbulent lane lines. Pool can be divided into two 8 lane 25 yard pools for competition and warm-up and warm-down. "Fully automatic Colorado Timing Systems will be used." The competition course has not been certified in accordance with Article 104.2.2C(4). The copy of such certification is not on file with USA Swimming. Course measurements will be verified each session in accordance with North Texas Swimming Rules. 202.3.6. The minimum water depth, in accordance with Article 103.2.3, is 13 feet measured from 1 meter to 5 meters on the starting end of the course, and 8 feet measured from 1 meter to 5 meters on the turning end of the course.

<u>SCHEDULE:</u>	<u>Warm-up</u>	<u>Meet Start</u>
Session 1- Saturday	8:00-8:30 AM	8:45 AM
Session 2-Saturday	10:45-11:15 AM	11:30 AM
Session 3- Sunday	8:00-8:30 AM	8:45 AM

WARM UP: Warm up will be general warm up in all lanes. No sprinting or pace work is allowed during this period. No diving is allowed during general warm up. Swimmers must enter the water feet first in a cautious manner. During the last 10 minutes of warm up, the following procedures will be in effect:

Lanes 1 & 8 Push swims, NO DIVING. Swimmers will start from a push from the starting end, Circle swimming only.

Lanes 2, 7 Racing starts, sprint lanes, swimming in one direction only, from the starting blocks.

Lanes 3,4,5,6 General warm up, NO DIVING

RULES: Current USA Swimming, Inc. rules and regulations apply. North Texas Swimming safety guidelines and warm up procedures will be in effect.

SANCTION AND LIABILITY: This meet is held under the sanction of USA Swimming, Inc., # NT 064-11.

“IN GRANTING THIS SANCTION AND BY ANY PERSON’S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, NORTH TEXAS NADADORES, CARROLL ISD, AND ITS EMPLOYEES SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.”

ELIGIBILITY: For the 10 & Under portion of the novice session, a swimmer may swim the events as long as they do not have the “B” time standard for that event. For other sessions, a swimmer may enter any event for which they are eligible to compete at the “B/C” level. Times listed in the event schedule is the fastest time allowed. A swimmer may not enter any event in which he/she has achieved a “BB” time. No Exceptions. No entries will be accepted unless the entrant is a registered athlete member with USA Swimming, Inc. Every club entered as a team in North Texas Swimming sanctioned meets must be a member of USA Swimming, Inc. The complete USA Swimming registration numbers must be on the consolidated swimmer entry form. Swimmer’s age as of 12/10/10 shall determine their age for the entire meet.

NO DECK Registrations will be accepted.

Unattached/Unaccompanied Athletes: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

ENTRY FEES and LIMIT: Each swimmer may participate in five individual events per day. There is a NTSI \$3 surcharge for each swimmer entered in the meet. Entry fees are \$3.25 per individual event and \$6.50 per relay. Late entries will be accepted up until 30 minutes before the start of each session at \$9.75 per individual event. *All late entries must be accompanied by the swimmers USA Swimming ID card or a reasonable facsimile thereof and most current proof of time from the USA Swimming site (SWIMS).*

ENTRY DEADLINE: Entries must be received by Thursday, December 1st. The complete USA registration number must be placed on each entry form. **Checks should be made payable to CISD.** E-mailed, team entries will be accepted as an attachment to an email message (attach the meet entries file and meet entry fee file) along with an attached file of the meet entries report by name and an attached file of meet entries fee report. Include the name, phone number and email address of the person who prepared the entries. Emailed entries must be received by the deadline and payment must be postmarked the following Thursday. Individual entries must be on the consolidated entry form and received by the deadline with payment.

MAIL CHECKS AND ENTRIES TO:

CISD Attn; Aquatic Center
1501 W. Southlake Blvd.
Southlake, TX 76092
817-949-8200
e-mail: bill.christensen@southlakecarroll.edu

SEEDING: All events shall be conducted as timed finals and will be deck seeded. Seed times entered should be the swimmer's best time for the stroke and distance. If the swimmer has not previously competed in the stroke and distance, N.T. (No Time) should be entered.

CHECK IN: Positive check in is required. The check in deadline is 30 minutes prior to the scheduled start of the event. There are three check-in options:

- ✓ Indicates swimmer will swim the event
- _scr_ Indicates swimmer will not swim the event
- _____ Indicates swimmer will not swim the event

PSYCHE SHEETS: Psyche sheets will be available for all sessions at a one-time charge.

CONCESSION: Concession stand will be open during the swim meet.

HOSPITALITY: Hospitality will be provided to coaches and officials during the meet.

AWARDING AND SCORING: Ribbons will be awarded for individual events for places 1-8 and for relays, places 1-3. For the Novice Session of the meet, best time ribbons will be awarded to those swimmers that achieve a best time; provided they are not entered with a No Time.

Points will be awarded as follows:
Individual events: 9-7-6-5-4-3-2-1
Relay Events: 18-14-12-10-8-6-4-2

Meet Referee: Karen Rourke
Starter: Traci Johnson
Stroke and Turn Officials: Wit Ittiruck and Judy Koh
Admin Referee: Jason Johnson
Meet Director: Joy Roberts
Safety Marshall: Julie Zobrist

Order of Events
 B/C – Division I
 Session 1 – Saturday, December 10, 2011
 Warm-up 8:00 to 8:30 am Meet Starts at 8:45 am

<u>Girls</u>	<u>Slower Than</u>	<u>Event Description</u>	<u>Slower Than</u>	<u>Boys</u>
1		8 & Under 100 Free Relay		2
3		10 & Under 200 Free Relay		4
5		8 & Under 25 Free		6
7	39.79	10 & Under 50 Free	38.89	8
9		8 & Under 25 Back		10
11	48.79	10 & Under 50 Back	49.19	12
13		8 & Under 25 Breast		14
15	53.59	10 & Under 50 Breast	53.59	16
17		8 & Under 25 Fly		18
19	48.79	10 & Under 50 Fly	47.29	20
21	1:31.29	10 & Under 100 Free	1:29.19	22

Session 2 - Saturday, December 10, 2011
 Warm-up 10:45 to 11:15 am Meet Starts at 11:30 am

<u>Girls</u>	<u>Slower Than</u>	<u>Event</u>	<u>Slower Than</u>	<u>Boys</u>
<u>Event</u>				<u>Event</u>
23	2:51.79	11-12 200 Fly	2:48.29	24
25		10 & Under 200 Free Relay		26
27		11-12 200 Free Relay		28
29		12 & Under 50 Back		30
	43.49	10 & Under	43.69	
	36.79	11-12	36.49	
31		12 & Under 100 Breast		32
	1:46.69	10 & Under	1:43.69	
	1:29.29	11-12	1:27.79	
33		12 & Under 50 Free		34
	35.99	10 & Under	35.19	
	31.89	11-12	30.99	
35	2:48.89	11-12 200 Back	2:45.59	36
37		12 & Under 200 IM		38
	3:19.39	10 & Under	3:18.09	
	2:50.69	11-12	2:49.39	
39		12 & Under 50 Fly		40
	42.99	10 & Under	41.99	
	35.09	11-12	35.19	
41*		12 & Under 500 Free		42*
	7:39.49	10 & Under	7:35.19	
	6:40.09	11-12	6:35.09	

*#41 & 42 – Will be swum fastest to slowest, alternating girls then boys. Swimmers must also provide his or her own timer and counter.

Session 3 - Sunday, December 11, 2011
 Warm-ups 8:00 to 8:30 am Meet Starts at 8:45 am

Girls				Boys
Event	Slower Than	Event	Slower Than	Event
43	3:11.69	11-12 200 Breast	3:07.29	44
45		10 & Under 200 Medley Relay		46
47		11-12 200 Medley Relay		48
49		12 & Under 100 Free		50
	1:21.59	10 & Under	1:19.99	
	1:08.29	11-12	1:07.89	
51		12 & Under 100 Back		52
	1:33.99	10 & Under	1:32.09	
	1:21.09	11-12	1:19.09	
53		12 & Under 100 IM		54
	1:33.79	10 & Under	1:31.19	
	1:20.09	11-12	1:17.59	
55		12 & Under 200 Free		56
	2:58.29	10 & Under	2:50.89	
	2:31.49	11-12	2:27.49	
57		12 & Under 100 Fly		58
	1:42.09	10 & Under	1:40.39	
	1:20.19	11-12	1:18.69	
59		12 & Under 50 Breast		60
	47.79	10 & Under	47.89	
	40.89	11-12	40.79	
61*	13:55.99	11-12 1000 Free	13:46.49	62*

*#61 & 62 – Will be swum fastest to slowest, alternating girls then boys. Swimmers must also provide his or her own timer and counter.

Carroll ISD Aquatics Center

Rules, Regulations, Prohibitions, and Deck Access

- District personnel are empowered to enforce any and all regulations that have been established by District Board of Trustees Minutes and/or Natatorium Policies.
- Folding Chairs are not allowed in the Spectator area. The walkway must stay clear at all times.
- During USA Swimming meets, spectators are required to remain in the spectator area located upstairs. Spectators on deck during competition is not permitted.
- Each competing team is permitted one temporary banner, placed at the discretion of the Aquatics Director. No other banners, posters, or other decorations are permitted.
- Glass containers of any sort and chewing gum are not permitted anywhere within the Aquatic Center.
- Spectators may not bring food and/or drink into the Aquatics Center from outside sources. Athletes ARE permitted to bring food and drink on deck.
- The use of tobacco products and the possession or consumption of alcoholic beverages is prohibited everywhere on Carroll ISD School District Property by direction of the Board of Trustees.
- Shaving is not permitted anywhere within the entire Aquatic Complex.
- Artificial noisemakers and laser pointing devices of any sort are not permitted anywhere within the Aquatics Center in accordance with Federation and USA Swimming Rules and District Policies.
- Teams are expected to police their respective areas at the conclusion of the competition.
- Running or any other sort of activity that might be interpreted or described as “horseplay” is prohibited throughout the entire Aquatics Center.
- Only authorized personnel are permitted access to the filter, circulation, and chemistry areas.
- Use of the elevator by unsupervised children who are not physically disabled is prohibited.
- The use of flash cameras at the start of any race is prohibited.
- Access to the deck of the Carroll ISD Aquatics Center is restricted to the following: Athletes from competing teams Administrative support personnel, Coaches of competing teams, Facility/District Staff Officials working the meet.