

**2010 North Texas Division 1  
Long Course BB Invitational  
Hosted by Mansfield Aquatic Club and Mid-Cities Arlington Swimming  
Sanction # NT040-10  
July 16-18, 2010**

Schedule	Friday 7/16/10 Session 1 Warm-up 4:45 Meet Starts 5:45	Saturday 7/17/10 Session 2 Warm-up 8:00 Meet Starts 9:00	Sunday 7/18/10 Session 4 Warm-up 8:00 Meet Starts 9:00
		Saturday 7/17/10 Session 3 Warm-up 11:00 Meet Starts 12:00	Sunday 7/18/10 Session 5 Warm-up 11:00 Meet Starts 12:00

Facility: Mansfield ISD Natatorium, 1001 N. Holland Road, Mansfield, TX 76063  
The MISD Athletic Complex is located at the corner of Hwy. 360 and E. Broad St. in Mansfield, TX.  
8 lane, 50 meter competition pool with 4 lane, 25 yard warm-up pool. Daktronics timing system and scoreboard will be in use. The competition course has not been certified in accordance with 104.2.2C(4).

Age: Swimmer's age as of July 16, 2010

Eligibility: A swimmer may enter any event for which they are eligible to compete at the BB level. Times listed in the event schedule is the fastest time allowed. A swimmer may not enter any event in which he/she has achieved an "A" time. Exception: Swimmers with two (2) or less "A" times may swim the events in which they have "A" times in an exhibition capacity (no points or awards). In entering any BB competition, an athlete with three BB time standards may compete in any BB event in which the athlete has not achieved the relevant A time standard Please use long course times whenever possible .**NO ENTRIES WILL BE ACCEPTED UNLESS THE ENTRANT IS AN ATHLETE MEMBER OF USA SWIMMING, INC. EVERY CLUB ENTERED AS A TEAM IN A NORTH TEXAS SWIMMING, INC SANCTIONED MEET SHALL BE A MEMBER OF USA SWIMMING, INC."** NO DECK REGISTRATIONS WILL BE ACCEPTED

Unaccompanied

Athletes: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Sanction and

Liability: This meet is held under the sanction of USA Swimming, Inc., Sanction # NT040-10.**"IN GRANTING THIS SANCTION AND BY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, MANSFIELD AQUATIC CLUB, MID-CITIES ARLINGTON SWIMMING, AND MISD, SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET. DAMAGE TO A FACILITY, WHEN PROVED, WILL CAUSE THE OFFENDING SWIMMER, IF UNATTACHED, OR THE OFFENDING SWIMMER'S CLUB, IF ATTACHED, TO BE HELD ACCOUNTABLE FOR REPAIRS."**

Entry Limit: Each swimmer may participate in a maximum of four (4) individual events and one (1) relay per day.

Entry Fees: Entry fees are \$3.50 per individual event and \$7.00 per relay. Late entries will be accepted up to 30 minutes prior to the scheduled start of each session at \$10.50 per individual event. All late entries must be accompanied by the swimmer's USA Swimming ID card. Proof of time from the USA Swimming site (SWIMS) is also required for all swimmers.

Mail entries to: Mansfield Aquatic Club  
C/O Cody Huckabay [meetentries@mansfieldisd.org](mailto:meetentries@mansfieldisd.org)  
Attn: Meet Entries **Make checks payable to: Mansfield Aquatic Club**  
1001 N. Holland Rd.  
Mansfield, TX 76063 **Entry Deadline: 6:00 PM, Tuesday, July 6, 2010**

**Please include a hard copy of the entry and fee reports with entry file.**

Check-in: Check-in will be required for all events. Check-in sheets will be separated by sex and age group. Check in has three options  
  v   Indicates a swimmer is present and wants to swim the event.  
  SCR   Indicates a swimmer does not wish to swim the event.  
       Indicates a swimmer is not swimming the event for reasons unknown.

Rules: "NORTH TEXAS SWIMMING SAFETY GUIDELINES AND WARM-UP PROCEDURES WILL BE IN EFFECT AT THIS MEET." Due to safety regulations, the pool deck will be limited to athletes, coaches, officials, timers, and meet personnel. Parents must remain upstairs in the bleacher area. No chairs are allowed in the bleacher area other than "stadium seats."

Seeding: This will be a deck seeded meet and conducted as timed finals.

Scoring: Individual: 9-7-6-5-4-3-2-1  
Relay: 18-14-12-10-8-6-4-2

Awards: Ribbons: 1<sup>st</sup> – 8<sup>th</sup> place for individual events for ages 10&U, 11-12, 13-14, 15 & O  
1<sup>st</sup> – 3<sup>rd</sup> place for relay events.

Some events will be swum with age groups competing together, but points and ribbons will be awarded separately.

Warm-up: General warm-up: All lanes for 30 minutes.  
Last 15 minutes: Lanes 1 & 8 push / pace  
Lanes 2,3,6,7 racing starts (exit far end)  
Lanes 4,5 general warm-up

Psych Sheets: Psych sheets will be available for purchase.

Concessions: Concessions will be available for swimmers and spectators.

Hospitality: Available for coaches, officials, and volunteers only.

Results: Final results will be posted to the North Texas Swimming web site within ten (10) days of the conclusion of the meet.

Officials: Referee: Bill Brown  
Starter: Robert Steffner  
Stroke & Turn: Craig Tipton, Brent Bunnell, Christy Tisdall.

Meet Director: Shawn McKinley  
[mckinlan@sbcglobal.net](mailto:mckinlan@sbcglobal.net)

## Order of Events

<b>Session 1 - Friday Evening</b>				
Girls	Between "A" and "BB"	Event Description	Between "A" and "BB"	Boys
1	6:24.00 - 6:55.89 6:01.00 - 6:31.09 5:50.60 - 6:19.79	11 & Over 400 IM 11-12 13-14 15&O	6:04.30 - 5:48.49 5:44.50 - 6:13.19 5:27.10 - 5:54.39	2
3	11:35.70 - 12:33.69 10:48.00 - 11:41.99 10:37.10 - 11:30.19	11 & Over 800 Freestyle** 11-12 13-14 15&O	11:02.20 - 10:33.39 10:29.40 - 11:21.79 10:01.90 - 10:52.09	4

<b>Session 2 - Saturday Morning</b>				
Girls	Between "A" and "BB"	Event Description	Between "A" and "BB"	Boys
5		10 & Under 200 Free Relay		6
7		11-12 200 Free Relay		8
9	3:19.90 - 3:46.49 2:59.80 - 3:14.79	12 & Under 200 IM 10&U 11-12	3:10.30 - 3:01.69 2:50.20 - 2:42.39	10
11	1:35.30 - 1:48.89 1:23.30 - 1:31.09	12 & Under 100 Backstroke 10&U 11-12	1:29.20 - 1:25.09 1:19.70 - 1:15.69	12
13	36.40 - 40.79 33.70 - 36.39	12 & Under 50 Freestyle 10&U 11-12	34.70 - 33.29 31.20 - 29.79	14
15	1:37.90 - 1:55.19 1:22.90 - 1:30.79	12 & Under 100 Butterfly 10&U 11-12	1:30.90 - 1:25.29 1:17.50 - 1:13.49	16
17	48.30 - 54.89 42.10 - 45.59	12 & Under 50 Breaststroke 10&U 11-12	46.30 - 44.09 41.10 - 38.99	18
19	2:58.50 - 3:23.59 2:37.70 - 2:50.79	12 & Under 200 Freestyle 10&U 11-12	2:45.30 - 2:38.09 2:28.50 - 2:21.99	20

<b>Session 3 - Saturday Afternoon</b>				
Girls	Slower Than		Slower Than	Boys
21		13-14 200 Free Relay		22
23		15&O 200 Free Relay		24
25	2:51.50 2:47.30	13 & Over 200 IM 13-14 15&O	2:42.40 2:35.90	26
27	1:17.80 1:16.30	13 & Over 100 Backstroke 13-14 15&O	1:14.50 1:10.60	28
29	32.50 31.80	13 & Over 50 Freestyle 13-14 15&O	30.30 28.80	30
31	3:12.00 3:05.70	13 & Over 200 Breaststroke 13-14 15&O	3:02.00 2:54.30	32
33	1:16.50 1:14.20	13 & Over 100 Butterfly 13-14 15&O	1:11.10 1:07.70	34
35	2:31.80 2:27.20	13 & Over 200 Freestyle 13-14 15&O	2:23.30 2:17.20	36

<b>Session 4 - Sunday Morning</b>				
37		10 & Under 200 Med Relay		38
39		11-12 200 Med Relay		40
41	43.70 - 49.89 39.00 - 42.29	12 & Under 50 Backstroke 10&U 11-12	41.80 - 39.69 37.00 - 35.19	42
43	1:21.90 - 1:32.99 1:13.50 - 1:19.59	12 & Under 100 Freestyle 10&U 11-12	1:17.20 - 1:13.69 1:08.50 - 1:05.49	44
45	42.10 - 48.59 36.30 - 39.39	12 & Under 50 Butterfly 10&U 11-12	39.00 - 36.99 34.50 - 32.69	46
47	1:47.00 - 2:02.29 1:33.80 - 1:41.89	12 & Under 100 Breaststroke 10&U 11-12	1:41.40 - 1:36.79 1:28.30 - 1:24.19	48
49	6:05.90 - 6:51.59 5:32.40 - 6:00.09	12 & under 400 Freestyle 10&U 11-12	5:51.50 - 5:36.29 5:13.50 - 4:59.89	50

<b>Session 5 - Sunday Afternoon</b>				
<b>Girls</b>	<b>Slower Than</b>	<b>Event Description</b>	<b>Slower Than</b>	<b>Boys</b>
51		13-14 200 Med Relay		52
53		15&O 200 Med Relay		54
55	2:47.40 2:44.30	13 & Over 200 Backstroke 13-14 15&O	2:40.70 2:31.30	56
57	1:10.40 1:08.60	13 & Over 100 Freestyle 13-14 15&O	1:06.00 1:03.10	58
59	2:48.30 2:42.70	13 & Over 200 Butterfly 13-14 15&O	2:38.80 2:30.60	60
61	1:29.00 1:26.70	13 & Over 100 Breaststroke 13-14 15&O	1:21.30 1:19.70	62
63	5:16.60 5:08.90	13 & Over 400 Freestyle 13-14 15&O	5:02.80 4:50.20	64

\* The 800 free will be swum fastest to slowest, alternating heats of women and men. In addition, swimmers entered in the 800 freestyle must provide their own timer and counter.