

Second Annual Bill Nixon Memorial “A” Invitational

Co-Hosted by

Academy of Texas Aquatic Champions (ATAC)

Rockwall Aquatics Center of Excellence (RACE)

June 25 – 27, 2010

Sanction # NT036-10

Location: RISD Aquatic Center
1205 T.L. Townsend Dr.
Rockwall, TX 75087
Phone: 469-698-7410

Facility: 8 lane, 50m pool with 4-25 yd. continuous warm-up lanes in a separate pool. Daktronics timing system will be utilized. Ample seating (see note in Rules section) and dressing space provided. The host teams reserve the option to use chase starts. The competition course has not been certified in accordance with 104.2.2C(4). The water depths of the competition course is a minimum of 8’0” at both the starting end and turning end.

		<u>Warm-Up</u>	<u>Session Starts</u>
Schedule: Friday – June 25	Prelims:	Group 1 7:15-7:45am Group 2 7:45-8:15am Diving starts both groups 8:15-8:30am	8:45am
	Finals:	5:00-5:45pm	6:00pm
	Saturday – June 26	Prelims:	Group 1 7:15-7:45am Group 2 7:45-8:15am Diving starts both groups 8:15-8:30am
	Finals:	5:00-5:45pm	6:00pm
Sunday – June 27	Prelims:	Group 1 7:15-7:45am Group 2 7:45-8:15am Diving starts both groups 8:15-8:30am	8:45am
	Finals:	4:00-4:45pm	5:00pm

Warm-Up: Warm-up groups assignments will be posted on the North Texas Swimming website by Monday, June 21, 2010.

General warm up in all lanes for two 30-minute sessions. There will be no specific lane assignments. No sprinting or pace work is allowed during this period. No diving is allowed during general warm up. Swimmers must enter the water feet first in a cautious manner. Following the end of the last warm-up, an additional 15 minutes of dive starts and push/pace will be allowed for all swimmers. Lanes 2 thru 7 will be dive/start lanes and Lanes 1 and 8 will be push/pace lanes.

Sanction & Liability:

This meet is held under the sanction of USA Swimming, Inc. The sanction number is NT 036-10. **IN GRANTING THIS SANCTION AND BY ANY PERSON’S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, ACADEMY OF TEXAS AQUATIC CHAMPIONS (ATAC), ROCKWALL AQUATICS CENTER OF EXCELLENCE (RACE), AND**

ROCKWALL INDEPENDENT SCHOOL DISTRICT (RISD) SHALL BE FREE FROM ANY LIABILITIES OR CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THIS MEET. Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Rules: Current USA Swimming, Inc. rules and regulations apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect. In accordance with safety regulations, the pool deck is strictly limited to swimmers, coaches, officials, timers and meet personnel only.

There is limited space for swimmer chairs on deck, however, bleacher seating for swimmers will be provided. Parents and other spectators must remain in the bleachers above the pool. No chairs are allowed in the spectator bleacher area except for "stadium seats". No standing along the railing will be allowed.

Eligibility: Swimmer's age as of 6/25/10 shall determine his/her age for the entire meet. Any swimmer is eligible to compete in the Bill Nixon Memorial Invitational provided he or she has achieved the current National Age Group "A" qualifying Time Standard time in that event. Furthermore, a swimmer who has achieved three current "A" times may enter any event up to the meet and daily limit. **Exception: Swimmers must have the current National Age Group "A" qualifying Time Standard in the 400 Free, 400 IM and/or 1500 Free to swim the event.** Qualifying time for 15&O events are the 15-16 National Age Group "A" Time Standards. No entries will be accepted unless the entrant is a registered athlete member of USA Swimming, Inc. Every club entered as a team in a North Texas Swimming, Inc. sanctioned meet shall be a member of USA Swimming, Inc. **No deck USA registrations will be accepted.**

Entry Limit: Each swimmer may compete in a total of seven (7) individual events plus two (2) relays during the entire meet with no more than three (3) individual events and one (1) relay during any one day.

1500 Free (Events 137-138): Limited to the fastest 24 female and 24 male swimmers after the check-in deadline of 6:00pm Saturday, June 26. Those swimmers who do not make the top 24 swimmers after check-in will be given a refund of their entry fee. Those swimmers who scratch out of the event will not have their entry fee refunded.

For teams from out of the North Texas LSC, the meet will be limited to the first 300 non NT-LSC swimmers. Please be sure to check with the meet director prior to setting up your meet travel plans

Entry Fees: Entry fees are \$4.50 per individual event and \$8.50 per relay event. Relays will be timed finals only.
\$0.50 of each entry fee will go to the Bill Nixon Scholarship Fund

Late Entries: Swimmers must be entered in the meet by the June 15, 2010 deadline in at least one (1) event. Late entries will be accepted up until 30 minutes prior to the scheduled start of each session at \$12.50 per individual event where there are empty lanes available – this is on a first come first served basis. **NO NEW HEATS WILL BE CREATED.** Swimmer may only enter events that are swum that day. *The swimmer's USA Swimming ID card*

must be presented to the Clerk of Course and proof of time from the USA Swimming, Inc. SWIMS database shall be attached to all late entries. NO LATE RELAY OR 1500 FREE ENTRIES ACCEPTED.

Entry

Deadline:

Entries must be received by **6:00PM on Tuesday, June 15, 2010** via email to: Marcia Beare at marciabeare@sbcglobal.net with an attached file of the meet entries report by name and a meet entry fee report. The complete USA registration number must be placed on each entry form. All team entries shall be submitted using the team entry software adopted by the NTS House of Delegates. Any team submitting more than 5 individual entries, which are not submitted using this standard software, shall pay double the entry fees to ATAC Swim Club. Individual entries must be on the consolidated entry form and received by the deadline. Meet Entry Fees shall be mailed and postmarked by Friday, June 18, 2010. The name, phone number and email address of the person preparing team entries shall be provided with the entries. All teams shall provide a printout of meet entry fees and a printout of individual entries, by name, using the NTS standard team entry software.

Entry fees should be made payable to **ATAC Swim Club** and sent to:

ATAC Swim Club
P.O. Box 802312
Dallas, Texas, 75380

Finals:

All events will be conducted as prelim/final events, except for the 10&U 400 Free, 11-12 400 Free, 11-12 400IM, 1500 Free and all relays. These events will be swum as timed-finals. The fastest heat of the 10&U 400 Free, 11-12 400 Free, and 11-12 400 IM events will be swum in finals, not prelims. The 1500 Free and all relays will be swum during prelims. Finals will consist of one final heat for 10&U and 11-12 events. Finals will consist of one final heat and one consolation heat for 13&O events, except for the 400 Free and 400 IM which will consist of one final heat only.

Scratches:

Paragraphs 207.5.9 d) and 207.5.9 (E) of USA Swimming Rules and Regulations will define the scratch procedures and penalties for this meet. A swimmer qualifying for finals heats or consolation heats in an event will have 30 minutes from the announcement of qualifiers to notify the Clerk of Course of their intent not to compete or to defer the decision. Additionally, first and second alternates will be announced along with the qualifiers for the consolation heat and/or final heat. Alternates will not be penalized if unavailable to compete. There is no penalty for a scratch in pre-seeded preliminary heats, however, swimmers are strongly encouraged to advise the Clerk of Course of all scratches in order to allow another swimmer the opportunity to swim.

Seeding:

All events will be pre-seeded except for the 400 Free, 400 IM, and 1500 Free, which will be deck-seeded events. The 13&O 400 Free and 400 IM Events will be seeded according to USA Swimming Rules and Regulations Paragraph 102.5.1; however, in reverse order of heats (fastest to slowest). The first three heats of the 13&O 400 Free and 400 IM will be swum first in event order. The remaining heats of the 13&O 400 Free and 400 IM will be swum in event order after the first three heats have concluded for all events of the 400 Free and 400 IM.

Seed times entered should be the swimmer's best time for the stroke and distance. If the swimmer has not previously competed in the stroke and distance, N.T. (No Time) should be entered. All entry times must be current times, provable in the USA Swimming, Inc. SWIMS database. Penalty for entering with an unproved time will be

removal of the swimmer from that event without refund of entry fee.

Check In: Pre-seeded events do not require check-in. Check-in is required for deck-seeded events (400 Free, 400 IM, 1500 Free, and all relays) at the Clerk of Course.

Deadlines:

400 Free and 400 IM - 10:00am on the day of the event

1500 Free - 6:00pm on Saturday, June 26

Relays – 8:00am on the day of the event (Relay cards completed with swimmer names)

Programs: Programs for all prelim sessions will be on sale for a one-time charge of \$10.00 each with coupons to redeem for finals heat sheets. Note: all events will reflect championship seeding, except for distance events, which will be in psyche sheet format.

Scoring: Individual events are based on the top 16 places, final heat places 1 through 8 and consolation places 9 through 16. Places 9 through 16 will be scored from prelims for all 12 and under events. Relay events are scored on the top 8 places. Events scored as follows:

Individual Events: 20, 17, 16, 15, 14, 13, 12, 11,

10, 9, 8, 7, 6, 5, 4, 3, 2, 1

Relay Events: 40, 34, 32, 30, 28, 26, 24, 22

Awards: Ribbons will be awarded as follows: 1st – 8th place for individual events by age group and 1st – 3rd place for relay events by age group.

Individual High Point Trophies, one male and one female, for each age group.

Team Trophies will be awarded to 1st – 3rd places.

Results: A copy of the final results will be posted to the North Texas Swimming website within ten days of the conclusion of the meet.

Concessions: Food concessions will be available for purchase by swimmers and spectators.

Hospitality: Hospitality will be available for coaches and officials.

Timers: All swimmers in the 1500 Free must provide their own timer and lap counter.

Officials: Referee – Nancy Saunders
Starter – Mike Gentry
Stroke and Turn Judges – Dale Williams and Scott Davenport
Meet Directors – Marcia Beare and Belindy Sarembock
Assistant Meet Directors – Shonna Vaughan and Dallas Manly
Clerk of Course – Robbie Kilpatrick
Head Safety Marshall – Jamie Hayden

Questions? Marcia Beare at marciabeare@sbcglobal.net or 972-800-0904

SCHEDULE OF EVENTS

Session 1 - Friday, June 25, 2010				
Girls	"A" And Faster	Event Description	"A" And Faster	Boys
1		10 & Under 400 Med Relay *		2
3		11-12 400 Med Relay *		4
5		13-14 400 Med Relay *		6
7		15&O 400 Med Relay *		8
9	42.09	10 & Under 50 Fly	40.99	10
11	36.29	11-12 50 Fly	36.19	12
13	2:59.29	11-12 200 Fly	2:58.49	14
15	2:48.29	13-14 200 Fly	2:38.79	16
17	2:42.69	15&O 200 Fly	2:30.59	18
19	36.39	10 & Under 50 Free	36.09	20
21	33.69	11-12 50 Free	32.59	22
23	32.49	13-14 50 Free	30.29	24
25	31.79	15&O 50 Free	28.79	26
27	1:46.99	10 & Under 100 Breast	1:45.99	28
29	1:33.79	11-12 100 Breast	1:32.49	30
31	1:28.99	13-14 100 Breast	1:21.29	32
33	1:26.69	15&O 100 Breast	1:19.69	34
35	6:05.89	10 & Under 400 Free **	6:06.79	36
37	5:32.39	11-12 400 Free **	5:27.09	38
39	5:16.59	13-14 400 Free ***	5:02.79	40
41	5:08.89	15&O 400 Free***	4:50.19	42
43		10 & Under 200 Free Relay *		44
45		11-12 200 Free Relay *		46
47		13-14 200 Free Relay *		48
49		15&O 200 Free Relay *		50

* Timed Final Event – All heats swim in prelims.

** Deck Seeded Timed-Final Event swum fastest to slowest with fastest heat swum during Finals in numerical order.

*** Deck Seeded Prelim/Final Event swum fastest to slowest.

Session 2 - Saturday, June 26, 2010				
Girls	"A" And Faster	Event Description	"A" And Faster	Boys
51		13-14 800 Free Relay*		52
53		15&O 800 Free Relay *		54
55	43.69	10 & Under 50 Back	43.89	56
57	38.99	11-12 50 Back	38.69	58
59	3:00.19	11-12 200 Back	2:56.39	60
61	2:47.39	13-14 200 Back	2:40.69	62
63	2:44.29	15&O 200 Back	2:31.29	64
65	1:21.89	10 & Under 100 Free	1:20.59	66
67	1:13.49	11-12 100 Free	1:11.39	68
69	1:10.39	13-14 100 Free	1:05.99	70
71	1:08.59	15&O 100 Free	1:03.09	72
73	1:37.89	10 & Under 100 Fly	1:36.49	74
75	1:22.89	11-12 100 Fly	1:21.49	76
77	1:16.49	13-14 100 Fly	1:11.09	78
79	1:14.19	15&O 100 Fly	1:07.69	80
81	6:23.99	11-12 400 IM**	6:20.19	82
83	6:00.99	13-14 400 IM***	5:44.49	84
85	5:50.59	15&O 400 IM***	5:27.09	86
87		10 & Under 200 Med Relay *		88
89		11-12 200 Med Relay *		90
91		13-14 200 Med Relay *		92
93		15&O 200 Med Relay *		94

* Timed Final Event – All heats swim in prelims.

** Deck Seeded Timed Final Event swum fastest to slowest with fastest heat swum during Finals in numerical order.

*** Deck Seeded Prelim/Final Event swum fastest to slowest.

Session 3 - Sunday, June 27, 2010				
Girls	"A" And Faster	Event Description	"A" And Faster	Boys
95		10 & Under 400 Free Relay*		96
97		11-12 400 Free Relay *		98
99		13-14 400 Free Relay *		100
101		15&O 400 Free Relay *		102
103	3:19.89	10 & Under 200 IM	3:18.89	104
105	2:59.79	11-12 200 IM	2:58.09	106
107	2:51.49	13-14 200 IM	2:42.39	108
109	2:47.29	15&O 200 IM	2:35.89	110
111	1:35.29	10 & Under 100 Back	1:33.29	112
113	1:23.29	11-12 100 Back	1:23.59	114
115	1:17.79	13-14 100 Back	1:14.49	116
117	1:16.29	15&O 100 Back	1:10.59	118
119	48.29	10 & Under 50 Breast	48.49	120
121	42.09	11-12 50 Breast	43.09	122
123	3:23.69	11-12 200 Breast	3:20.79	124
125	3:11.99	13-14 200 Breast	3:01.99	126
127	3:05.69	15&O 200 Breast	2:54.29	128
129	2:58.49	10 & Under 200 Free	2:52.39	130
131	2:37.69	11-12 200 Free	2:34.89	132
133	2:31.79	13-14 200 Free	2:23.29	134
135	2:27.19	15&O 200 Free	2:17.19	136
137	20:39.79 20:28.39	1500 Free ** 13-14 15 & over	19:55.69 19:13.39	138

* Timed Final Event – All heats swim in prelims.

**The 1500 Free will be a Deck-Seeded Timed Final Event – All heats swim at the end of prelims, fastest to slowest alternating girls / boys. This event is limited to the fastest 24 female and 24 male swimmers after check-in deadline. Swimmers must provide their own timer and lap counter.

Rockwall Hotel and Area Information



Hilton Bella Harbor Lakefront

3 Miles from Rockwall ISD Natatorium
2055 Summer Lee Drive
Rockwall, TX 75032
Tel: 866-235-1108
Event rate: \$119 per night
Event code: SPORTS



Holiday Inn Express

1 Mile from Rockwall ISD Natatorium
996 EAST I-30
Rockwall, TX 75087
Tel: 972-722-3265
Event Rate: \$70 per night
Rate Code: RISD



La Quinta Rockwall

2 Miles from Rockwall ISD Natatorium
689 East Interstate 30
Rockwall, TX 75087
Tel: 972-771-1685
Event Rate: \$74 per night (standard room)
\$98.10 (suite)
Event Code: "Swim Meet"

Links:

www.rockwall.com
Events/Attractions

www.theharboratrockwall.com
Shopping, Dining, etc.

<http://rockwallivemusic.com/events.html>

Free Concert Thursday night!

Walking distance from the Hilton.

Great family friendly, community-wide event!