

**“BB” Invitational
Hosted by Frisco Aquatics and COR Swim Team
May 7 - 9, 2010**

Sanction #NT026-10

Location: Rockwall Independent School District Aquatic Center
1205 T.L. Townsend Drive, Rockwall, TX 75087 469-698-7410

Facility: 8 lane, 50m pool with 4 -25yd continuous warm-up / warm down lanes. Daktronics timing system. Ample seating and dressing space are provided. Large ‘wet’ classroom for hospitality. Bleacher seats on deck for swimmers and in the spectator area. (See rules below.)

Meet Schedule:

	<u>Warm-up</u>	<u>Session Starts</u>
Session 1-Friday	5:00-5:45 pm	6:00 pm
Session 2-Saturday, 12 & Under	9:00-9:45 am	10:00am
Session 3-Saturday, 13 & Over	12:30-1:15 pm	1:30 pm
Session 4-Sunday, 12 & under	9:00-9:45 am	10:00 am
Session 5-Sunday, 13 & Over	12:30-1:15 pm	1:30 pm

A complete and accurate warm up schedule will be sent to attending teams and posted on the COR Swim Team website at www.corswim.org and the FA website at www.Friscoaquatics.com on Monday, May 3, 2010.

Warm-up:

General warm-up will last for the first 30 minutes of each warm-up session, with NO DIVING. The last 15 minutes will allow diving, as noted below. The diving period shall be as follows:

Lanes 1 and 8 – push swims from the starting end, NO DIVING

Lanes 2 and 7 – racing starts, one way only from the blocks

Lanes 3, 4, 5 and 6 - general warm-up -- NO DIVING

Rules:

Current USA Swimming, Inc. rules and regulations apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect. To meet safety regulations, the pool deck is limited to swimmers, coaches, officials, timers, and meets personnel only. **NOTE: NO SWIMMER CHAIRS WILL BE ALLOWED ON DECK. Bleachers will be available for all swimmers on deck.** Coaches may bring a chair on deck. **Parents and other spectators must remain in the bleachers above the pool. No chairs are allowed in the bleacher area** except for “stadium seats”. No standing along the railing will be allowed. No food or drink (except water) is allowed on the deck.

Special Note: Swim suits must be approved swim suits as noted in USA Swimming Letter on Approved Swim Suits published on Thursday, September 24th, 2009. The letter can be found on the North Texas Swimming website (www.ntswim.org).

Note: COR and FA reserve the option of use chase starts.

Note: All events 400 or longer will be swum fastest to slowest, alternating women and men.

Rules Continued:

SANCTION AND LIABILITY: This meet is held under the sanction of USA Swimming, Inc., #NT026-10.

“IN GRANTING THIS SANCTION AND BY ANY PERSON’S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, COR SWIMMING ASSOCIATION, RACE, AND ROCKWALL ISD SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.” Damage to a facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer’s club, if attached, to be held accountable for all repairs.

Eligibility:

A swimmer may enter any event for which he/she is eligible to compete at the BB Level. Times listed in the event schedule are the fastest times allowed. A swimmer may not enter an event in which he/she has achieved the "A" time. Exception: Swimmers with two or less "A" times may swim the events in an exhibition capacity (no points or awards). Swimmer's age as of 05/07/2010 shall determine his/her age for the entire meet. No entries will be accepted unless the entrant is an athlete member of USA Swimming, Inc. **No deck USA registrations will be accepted.** Every club entered as a team in a North Texas Swimming, Inc. sanctioned meet shall be a member of USA Swimming, Inc.

Entry Limit:

Each swimmer may participate in five individual events per day. Swimmers may enter either the 800 Free or 1500 Free, but not both.

Entry Fees:

Entry fees are \$3.50 per individual event. Late entries will be accepted up to 45 minutes prior to the scheduled start of each session at \$10.00 per individual event. All late entries must be accompanied by the swimmer’s USA Swimming ID card. Proof of time from the USA Swimming site (SWIMS) is also required for all swimmers.

Entry Deadline:

Entries must be received by Tuesday, April 27, 2010 at 6pm. Entries must be submitted by Email, to swimfrisco@aol.com with an attached file of the meet entries report by name and a meet entry fee report. If your team elects to submit entries by regular mail and is willing to accept the assessments described below, then those entries should be mailed to:

Frisco Aquatics
Meet Director
5729 Lebanon Road
Suite 144-146
Frisco, Texas 75034

All team entries shall be submitted using the team entry software adopted by the NTS House of Delegates. Any team submitting more than 5 individual entries, which are not submitted using this standard software, shall pay double the entry fees to **Frisco Aquatics**.

•Fees shall be mailed and postmarked by Friday, April 23, 2010.

Checks for entry fees shall be made payable to Frisco Aquatics.

- The name, phone number and email address of the person preparing team entries shall be provided with the entries.
- All teams shall provide a printout of meet entry fees and a printout of individual entries, by name.

Check-In: Required for all events 400 or longer

Positive check-in is required. The check-in deadline is 45 minutes prior to the scheduled start of the meet.

Check-in has three options:

√	Indicates that the athlete is present and will swim the event.
SCRATCH	Indicates the swimmer has scratched from this event.
_____	Indicates swimmer is not swimming this event for reasons unknown.

Seeding:

All events will be conducted as timed finals and will be pre seeded except for events 400 and longer. Seed times entered should be the swimmer's best time for the stroke and distance. If the swimmer has not previously competed in the stroke and distance, N.T. (No Time) should be entered.

Heat Sheets: Heat sheets will be available for all sessions at a one-time charge of \$5.

Awards:

Ribbons will be awarded for places 1-8. Awards will be made in age groups 10&U, 11-12, 13-14, 15&O. Some events may be swum with combined age groups. Those events will be scored and awarded by age group.

Officials:

Meet Referee: Nancy Saunders

Starter: Carlos Nazario

Stroke and Turn Judges: Toni Kline, William Bradee

Head Safety Marshal: Tamie Nelson

Meet Directors: Chris Rowe xianrowe@gmail.net Dan McDonough swimfrisco@aol.com

Event Schedule

Session 1		5:00-6:00 PM Warm up	6:15 PM Meet Start	
Girls	** Between "A" and "BB"	Event Description	** Between "A" and "BB"	Boys
1		11& Over 400 IM		2
	**6:24.00 - 6:55.89	*11-12	**6:04.30 - 5:48.49	
	Slower Than 6:01.00	*13-14	Slower Than 5:44.50	
	Slower Than 5:50.60	*15&O	Slower Than 5:27.10	
3		12 & Under 400 Free		4
	**6:05.90 - 6:51.59	10 & Under	**5:51.50 - 5:36.29	
	**5:32.40 - 6:00.09	11-12	**5:13.50 - 4:59.89	
5		13 & Over 400 Free		6
	Slower Than 5:16.60	13-14	Slower Than 5:02.80	
	Slower Than 5:08.90	15&O	Slower Than 4:50.20	

Session 2		7:30-8:15 AM Warm up	8:30 AM Meet Start		
Girls		Between "A" and "BB"	Event Description	Between "A" and "BB"	Boys
7		1:37.90 - 1:55.19	10 & Under 100 Fly	1:30.90 - 1:25.29	8
9		1:22.90 - 1:30.79	11-12 100 Fly	1:17.50 - 1:13.49	10
11		36.40 - 40.79	10 & Under 50 Free	34.70 - 33.29	12
13		33.70 - 36.39	11-12 50 Free	31.20 - 29.79	14
15		1:35.30 - 1:48.89	10 & Under 100 Back	1:29.20 - 1:25.09	16
17		1:23.30 - 1:31.09	11-12 100 Back	1:19.70 - 1:15.69	18
19		48.30 - 54.89	10 & Under 50 Breast	46.30 - 44.09	20
21		42.10 - 45.59	11-12 50 Breast	41.10 - 38.99	22
23		2:58.50 - 3:23.59	10 & Under 200 Free	2:45.30 - 2:38.09	24
25		2:37.70 - 2:50.79	11-12 200 Free	2:28.50 - 2:21.99	26

Session 3 12:30-1:15 PM Warm up		1:30 PM Meet Start		
Girls	Slower Than "A"	Event Description	Slower Than "A"	Boys
27	2:48.30	13-14 200 Fly	2:38.80	28
29	2:42.70	15&O 200 Fly	2:30.60	30
31	32.50	13-14 50 Free	30.30	32
33	31.80	15&O 50 Free	28.80	34
35	3:12.00	13-14 200 Breast	3:02.00	36
37	3:05.70	15&O 200 Breast	2:54.30	38
39	1:17.80	13-14 100 Back	1:14.50	40
41	1:16.30	15&O 100 Back	1:10.60	42
43	2:31.80	13-14 200 Free	2:23.30	44
45	2:27.20	15&O 200 Free	2:17.20	46

Session 4		7:30-8:15 AM Warm up	8:30 AM Meet Start		
Girls	Between "A" and "BB"	Event Description	Between "A" and "BB"	Boys	
47	1:47.00 - 2:02.29	10 & Under 100 Breast	1:41.40 - 1:36.79	48	
49	1:33.80 - 1:41.89	11-12 100 Breast	1:28.30 - 1:24.19	50	
51	42.10 - 48.59	10 & Under 50 Fly	39.00 - 36.99	52	
53	36.30 - 39.39	11-12 50 Fly	34.50 - 32.69	54	
55	1:21.90 - 1:32.99	10 & Under 100 Free	1:17.20 - 1:13.69	56	
57	1:13.50 - 1:19.59	11-12 100 Free	1:08.50 - 1:05.49	58	
59	43.70 - 49.89	10 & Under 50 Back	41.80 - 39.69	60	
61	39.00 - 42.29	11-12 50 Back	37.00 - 35.19	62	
63	3:19.90 - 3:46.49	10 & Under 200 IM	3:10.30 - 3:01.69	64	
65	2:59.80 - 3:14.79	11-12 200 IM	2:50.20 - 2:42.39	66	

Session 5		12:30-1:15 PM Warm up	1:30 PM Meet Start	
Girls	Slower Than "A"	Event Description	Slower Than "A"	Boys
67	2:51.50	13-14 200 IM	2:42.40	68
69	2:47.30	15&O 200 IM	2:35.90	70
71	1:10.40	13-14 100 Free	1:06.00	72
73	1:08.60	15&O 100 Free	1:03.10	74
75	2:47.40	13-14 200 Back	2:40.70	76
77	2:44.30	15&O 200 Back	2:31.30	78
79	1:16.50	13-14 100 Fly	1:11.10	80
81	1:14.20	15&O 100 Fly	1:07.70	82
83	1:29.00	13-14 100 Breast	1:21.30	84
85	1:26.70	15&O 100 Breast	1:19.70	86
87		13 & Over 800 Free**		88
	10:48.00	13-14 800 Free	10:29.40	
	10:37.10	15&O 800 Free	10:01.90	
89		13 & Over 1500 Free**		90
	20:39.80	13-14	19:55.70	
	20:28.40	15&O	19:13.40	

**Athletes may only swim the 800 or 1500