

ATAC Your Times "A" Invitational
CISD Aquatic Center, Southlake, Texas
Sanction # NT 040-09
November 6-8, 2009

WARM-UP ASSIGNMENTS:

Group 1: ATAC, COPS, COR, FA, MAC, MTRO, MARS, RACE

Group 2: CSC, DM, FAST, IS, LAC, NTN, SNAP, SWAT, TRS, WFLY, WW2

Unattached swimmers may warm-up with either group.

MEET START AND WARM-UP TIMES

Friday, November 6 Session 1 Start – 6:00PM

General Warm-up All Teams 5:00PM – 5:30PM

All lanes Dive Start: 5:30PM - 5:45PM

Saturday, November 7 Session 2 Start – 10:00AM

Warm-up Group 1: 8:30AM – 9:00AM

Warm-up Group 2: 9:00AM - 9:30AM

All lanes Dive start: 9:30AM - 9:45AM

Sunday, November 8 Session 3 Start - 10:00AM

Warm-up Group 2: 8:30AM – 9:00AM

Warm-up Group 1: 9:00AM - 9:30AM

All lanes Dive start: 9:30AM - 9:45AM