

ROSE CITY OPEN

Long Course Invitational

June 19 – June 21, 2009
Hosted by *TYLER METRO* in **Tyler, Texas**

Sanction # 023-09
Revised 05/26/09

Location: Fun Forest Pool, 800 North Glenwood, Tyler, TX.

Facility: Fun Forest is an eight lane, 50-meter outdoor pool. The pool depth ranges from 4 feet to 16 feet. Automatic timing equipment will be used. The facility has limited covered seating available. Lawn chairs, tents and coolers are encouraged. Parents are *not* allowed on deck.

Sanction: Held under the Sanction of USA Swimming, Inc., **Sanction # 023-09**

“IN GRANTING THIS SANCTION AND BY ANY PERSON’S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., ALL MEET OFFICIALS, THE CITY OF TYLER, TYLER METRO AND THE TYLER SWIM ACADEMY, INC., SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET.”

Warm-up: General warm-up will be conducted in all eight lanes for the first 30 minutes of warm-up. **NO DIVING!** During the last 15 minutes of warm-ups the following procedures will be in effect:

Lanes 1 and 8: push-pace, **NO DIVING**

Lanes 2, 3, 6 and 7: Racing starts, exit far end of pool

Lanes 4 and 5: General warm-up, **NO DIVING.**

Should a second warm-up session become necessary, a notice will be posted on the North Texas Swimming website.

Rules: Current USA Swimming, Inc. rules and regulations apply. North Texas Swimming safety guidelines and warm-up procedures will be in effect at this meet.

Eligibility: **“NO ENTRIES WILL BE ACCEPTED UNLESS THE ENTRANT IS AN ATHLETE MEMBER OF USA SWIMMING, INC. EVERY CLUB ENTERED AS A TEAM IN A NORTH TEXAS SWIMMING, INC SANCTIONED MEET SHALL BE A MEMBER OF USA SWIMMING, INC.”**
NO DECK REGISTRATIONS WILL BE ACCEPTED
“HELD UNDER THE SANCTION OF USA SWIMMING, INC.”

EACH SWIMMER'S COMPLETE 14 CHARACTER USA SWIMMING, INC.
REGISTRATION NUMBER MUST BE PLACED ON EACH CONSOLIDATED ENTRY
FORM. For other eligibility requirements, see North Texas P&P Sections 3&4. The swimmer's
age as of June 19, 2008 determines age for the entire meet.
THIS EVENT IS OPEN TO ALL USA SWIMMING REGISTERED ATHLETES.
THIS EVENT IS NOT SANCTIONED FOR USMS ATHLETES.

**NOTE: ALL 12 & UNDER SWIMMERS MUST USE CONFORMING OR NON-
CONFORMING PROVABLE TIMES FROM SWIMS DATABASE TO BE CLASSIFIED
CORRECTLY.**

**12 & UNDER ENTRIES WITH "NO TIME" WILL BE ACCEPTED, BUT WILL
CLASSIFIED AS "C" SWIMMERS FOR THAT EVENT.**

*Special Note on New North Texas LSC ruling for 14 & under swimsuits:
Effective January 1, 2009 at all North Texas Swimming, age-group defined, sanctioned
meets:*

*Swimsuits worn by females for all 14 & under defined competitions shall not cover the neck;
extend past the shoulder, nor past the hip.*

*Swimsuits worn by males for all 14 & under defined competitions shall not extend above the
hips nor below the knees.*

Entry Limit: THIS MEET WILL BE LIMITED TO 500+ SWIMMERS. A swimmer may swim a **maximum
of 4 individual events and 2 relays per day.**

Entry Fees: \$3.50 per individual event and \$7.00 per relay. Late entries will be accepted at \$10.50 per
individual event until 30 minutes prior to the scheduled start of the meet each day. Relay entries
will be accepted the day of the event at the \$7.00 rate. Teams should plan to pay the Clerk of
Course for all relay teams no later than the end of the last session of the meet.

Relays accepted up to 30 minutes prior to the start of each session.

Psyche Sheets: Psyche sheets will be available for \$5.00 each at the Clerk of Course.

Seeding: All events will be conducted as timed finals and will be deck seeded. Positive check-in is
required. Check-in deadline is thirty minutes prior to the start of each event. All swimmers
must check in or they will be scratched from the event.

 X Indicates swimmer is present and will swim.

 SCR Indicates swimmer is not swimming this event.

 Indicates swimmer is not swimming for unknown
reasons.

Scoring and Awards:

**This will be a time standards scored meet.
1st – 8th places for each classification (C, B, BB, A)
High point awards will be given for each classification listed above.**

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12 & UNDER ENTRIES WITH “NO TIME” WILL BE ACCEPTED, BUT WILL CLASSIFIED AS “C” SWIMMERS FOR THAT EVENT.

Team points will be calculated and awarded as follows:
individual events, 9-7-6-5-4-3-2-1. Relay points will be doubled.
Ribbons will be awarded for places 1- 8 in individual events.
Ribbons will be awarded for places 1-3 in Relay Events.
Additionally, awards will be given to the swimmer scoring the highest number of points, by gender, in his or her age group.

Hospitality: A hospitality area will be provided for coaches and officials.

Concessions: Concessions will be available for spectators and swimmers.

Entry Deadline: To avoid late entry fees, all entries are due by Tuesday, June 2nd, 2009.

1. Email, with an attached file of the meet entries report by name and a meet entry fee report.
2. All team entries shall be submitted using the team entry software adopted by the NTS House of Delegates. Any team submitting more than 5 individual entries, which are not submitted using this standard software, shall pay double the entry fees to the meet host.
3. All entries will be received no later than 6PM central time, on the second Tuesday prior to the commencement of the meet.
4. Fees shall be mailed and postmarked by the entry date.
5. The name, phone number and email address of the person preparing team entries shall be provided with the entries.
6. All teams shall provide a printout of meet entry fees and a printout of individual entries, by name, using the NTS standard team entry software.

7. NO DECK REGISTRATIONS WILL BE ACCEPTED

8. LATE ENTRIES WILL NOT BE ACCEPTED WITHOUT A PRINTED COPY OF "PROOF OF TIMES FROM SWIMS DATABASE" AND A CURRENT USA SWIMMING REGISTRATION CARD.

Make checks payable to **Tyler Swim Academy**.

Mail entries to: **Tyler Swim Academy**
C/O Scott Eeds
1107 Kevin
Whitehouse, TX 75791
(903) 839-7372
E-mail to: seeds116@suddenlink.net

Further Information: Meet Director: Mark Morrison
Email: tylerswimteam06@yahoo.com

Officials: Meet Referee: Mark Taylor/Jana Morrison
Starter: Jana Morrison
Stroke and Turn: Jane Maxvill, Nina Arnett,
Clerk of Course: Tammy Michealsen

Session 1 Friday June 19th
Warm-up: 3:00pm Meet Starts 4:00pm

Girls	Event	Boys
1	13 & Over 800 Free Relay	2
3	Open 400 Meter Freestyle	4
5	11-12 200 Meter Butterfly	6
7	13 & Over 400 Meter IM	8
9	11 & Over 1500 Meter Freestyle *	10

* Swimmers in events 9 & 10 must provide their own counters and timers.
*Event will be swum fastest to slowest.

Session 2 Saturday June 20th
Warm-up 8:00am Meet Starts 9:00am

Girls	Event	Boys
11	13-14 400 Medley Relay	12
13	15 & Over 400 Medley Relay	14
15	13 & Over 200 Meter Freestyle	16
17	13 & Over 100 Meter Backstroke	18
19	13 & Over 200 Meter Butterfly	20
21	13 & Over 100 Meter Breaststroke	22
23	13 & Over 100 Meter Freestyle	24
25	13-14 400 Freestyle Relay	26
27	15 & Over 400 Freestyle Relay	28

Session 3 Saturday June 20th
Warm-up 1:00pm Meet Starts 2:00pm

Girls	Event	Boys
29	11-12 200 Freestyle Relay	30
31	10 & Under 200 Freestyle Relay	32
33	12 & Under 200 Meter IM	34
35	12 & Under 50 Meter Backstroke	36
37	12 & Under 100 Meter Breaststroke	38
39	11-12 Under 200 Backstroke	40
41	12 & Under 50 Meter Butterfly	42
43	12 & Under 100 Meter Freestyle	44
45	11 & 12 400 Medley Relay	46
47	10 & Under 400 Medley Relay	48

Session 4 Sunday June 21st
Warm-up 8:00am Meet Starts 9:00am

Girls	Event	Boys
49	13-14 200 Freestyle Relay	50
51	15 & Over 200 Freestyle Relay	52
53	13 & Over 200 Meter IM	54
55	13 & Over 50 Meter Freestyle	56
57	13 & Over 200 Meter Breaststroke	58
59	13 & Over 100 Meter Butterfly	60
61	13 & Over 200 Meter Backstroke	62
63	13-14 400 Medley Relay	64
65	15 & Over 400 Medley Relay	66
67	11 & Over 800 Meter Freestyle *	68

* Swimmers in events 65 & 66 must provide their own counters and timers.

*Event will be swum fastest to slowest.

Session 5 Sunday June 21st
Warm-up 1:00pm Meet Starts 2:00pm

Girls	Event	Boys
69	10 & Under 200 Medley Relay	70
71	11 & 12 200 Medley Relay	72
73	12 & Under 200 Meter Freestyle	74
75	12 & Under 100 Meter Backstroke	76
77	12 & Under 50 Meter Breaststroke	78
79	12 & Under 100 Meter Butterfly	80
81	12 & Under 50 Meter Freestyle	82
83	11-12 Under 200 Meter Breaststroke	84
85	10 & Under 400 Freestyle Relay	86
87	11 & 12 400 Freestyle Relay	88