

Division BB Meet
Hosted by Lakeside Aquatic Club
January 16-18, 2009
Sanction # 007-009

Location: Keller ISD Natatorium
1000 Bear Creek Pkwy
Keller, TX 76248

Schedule: Session 1- Friday, Jan 16, 2009
Division 1 – 4:45-5:30 pm Meet Starts: 6:30 pm
Division 2 - 5:30-6:15 pm
Saturday, Jan 17, 2009
Session 2-Division 1 - 7:15-8:00 am Meet Starts: 9:00 am
Division 2 - 8:00-8:45 am
Sunday, Jan 18, 2009
Session 3-Division 2- 7:15-8:00 am Meet Starts: 9:00 am
Division 1 – 8:00-8:45 am

Group 1 – ATAC, CLAS, FAST, HEAT, IS, LAC, MAC, MARS, NTN,
SNAP, SWAT, TRS, Quest, WW2

Group 2 – CAT, COPS, COR, DM, FA, LSCC, MTRO, ROCK, SMU, TXNS, WEST, WFAC

Age: Swimmer's age as of January 16, 2009, shall be used to determine the swimmer's age for the entire meet.

Eligibility: No entries will be accepted unless the entrant is a registered athlete member with USA Swimming, Inc. Exhibition swims at a BB meet are permitted for the swimmer with 2 or less "A" times in those events. Exhibition swims will count against the daily entry limit. Every club entered as a team in a North Texas Swimming sanctioned meets must be a member of USA Swimming, Inc.

Sanction: This meet is held under the sanction of USA Swimming, Inc. and by North Texas Swimming, Inc. The sanction number is: 007-09.

IN GRANTING THIS SANCTION AND BY ANY PERSON'S PARTICIPATION IN THE MEET IT IS UNDERSTOOD AND AGREED THAT USA SWIMMING, INC., NORTH TEXAS SWIMMING, INC., LAKESIDE AQUATIC CLUB, Keller ISD Natatorium, Keller ISD AND ALL MEET OFFICIALS SHALL BE FREE FROM ANY AND ALL LIABILITIES OR ANY CLAIMS FOR ANY DAMAGES, EVEN IF SUCH LIABILITIES OR CLAIMS ARE DUE TO THE NEGLIGENCE OF SUCH ORGANIZATIONS, ARISING BY REASON OF INJURIES TO ANYONE DURING THE CONDUCT OF THE MEET. Damage to this facility, when proven, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

Entry Fees/Entry Limit: Each swimmer may participate in five individual events per day. Entry Fees are \$3.25 per individual event and 6.50 per relay event. Late entries will be accepted with proof of registration and proof of times printout, until 30 minutes before the start of each session at 9.75 per individual event. **NO DECK REGISTRATIONS WILL BE ACCEPTED AT THE MEET.**

*****A 5.00 charge will be assessed when late entering without the swimmers USA Registration card and proof of time printout.**

Entry Deadline: Entries must be received by **6:00 PM, Tuesday, Jan 6, 2009**. The complete USA registration number must be placed on each entry form. Checks should be made payable to Lakeside Aquatic Club. E-MAIL team entries – accepted as an attachment to an e-mail message (attach the meet entries zip file) along with an attached meet entry by name file and an entry fee report. Please include the team name, phone number, and e-mail address for confirmation for the person who prepared the entries. E-mailed entries must be received by the deadline date and payment must be postmarked that day. **PLEASE NO SINGLE SWIMMER E-MAIL ENTRIES.** Please enter with team or mail entry with payment to:

Shannon Gillespy
2701 N Grapevine Mills Blvd.
#1618
Grapevine, Texas 76051
214-697-4145

Email entries to: sgillespy@verizon.net

Awards and Scoring: Ribbons will be awarded for places 1-8. Relay events will be awarded ribbons for place 1-3. Team Score will be calculated – No Team Awards

Rules: Current USA Swimming, Inc. rules and regulations apply. North Texas Swimming safety guidelines and warm up procedures will be in effect.

Warm-up: Warm up will be general warm up in all lanes. No sprinting or pace work is allowed during this period. No diving during general warm up. Swimmers must enter feet first. During the last 10 min of warm up the following procedures will be followed:
Lanes 1, 8 Push swims only, No Diving, circle swim only from the starting end.
Lanes 2,3,6,7 Racing starts, sprint lane swimming in one direction only, from the starting blocks.
Lanes 4, 5 General warm up lanes.

Seeding: All events shall be conducted as timed finals and will be deck seeded.

Check In: Positive check-in is required. The check in deadline is 30 minutes prior to the scheduled start of the event. There are 3 check in options:

 / - (check mark) indicates swimmer will swim the event.

Scr – indicates swimmer will NOT swim the event.

 - A blank mark indicates the swimmer will NOT swim the event.

Psych Sheet: Psych Sheets will be available for all sessions at a one time charge.

Timers: LAC will provide timers for the meet, however, if you would like to volunteer, please see the Head Timer.

Results: Final results will be posted on the NT website ten (10) days of the last day of the meet.

Admissions and Concessions: No admission will be charged. Food concessions will be available.

Hospitality: A Hospitality area will be provided for coaches and officials.

List of Officials

Referee: Nina Arnett

Starter: Scott Leeper

Stroke & Turn: Deb Behrens, Al Holtslander

Meet Director: Brian Summers, Terry Feehery

Meet Marshall: Lisa Cosenza

ORDER OF EVENTS

Session 1 - Friday, January 16, 2009 6:15pm

<u>Girls</u>	Slower than "A"		Event Description	Slower than "A"		<u>Boys</u>
1	2:53.99	11-12	11-Over 200 Fly	11-12	2:51.49	2
	2:28.59	13-14		13-14	2:20.79	
	2:26.19	15-O		15-O	2:14.39	
3	1:22.19		10-under 100 Back		1:21.69	4
5	1:14.89		11-12 100 Back		1:12.29	6
7	1:08.69	13-14	13-Over 100 Back.	13-14	1:04.89	8
	1:07.69	15-O		15-O	1:01.29	
9	32.39		10-under 50 Free		31.89	10
11	29.79		11-12 50 Free		28.59	12
13	28.69	13-14	13-Over 50 Free	13-14	26.59	14
	28.19	15-O		15-O	25.39	
15	5:38.09	11-12	11-Over 400 IM	11-12	5:31.99	16
	5:19.59	13-14		13-14	5:02.39	
	5:14.09	15-O		15-O	4:49.09	

Session 2 Saturday, January 17, 2009 8:45 am

<u>Girls</u>	Slower than "A"		Event Description	Slower than "A"		<u>Boys</u>
17	2:57.69	11-12	11-Over 200 Breast	11-12	2:52.99	18
	2:47.99	13-14		13-14	2:36.29	
	2:44.69	15-O		15-O	2:30.09	
19			10-under 200 Free Relay			20
21			11-12 200 Free Relay			22
23			13-Over 200 Free Relay			24
25	1:12.29		10-under 100 Free		1:10.79	26
27	1:03.09		11-12 100 Free		1:02.89	28
29	1:02.19	13-14	13-Over 100 Free	13-14	57.99	30
	1:01.09	15-O		15-O	55.39	
31	38.19		10-Under 50 Back		38.39	32
33	34.29		11-12 50 Back		33.69	34
35	2:37.09	11-12	11-Over 200 Back	11-12	2:33.79	36
	2:27.29	13-14		13-14	2:19.49	
	2:25.89	15-O		15-O	2:12.69	
37	41.99		10-under 50 Breast		42.49	38
39	37.99		11-12 50 Breast		37.59	40
41	1:17.99	13-14	13-Over 100 Breast	13-14	1:12.29	42
	1:16.39	15-O		15-O	1:09.19	
43	2:55.99		10-under 200 I.M.		2:55.29	44
45	32.69		11-12 50 Fly		32.39	46
47	1:08.09	13-14	13-Over 100 Fly	13-14	1:03.39	48
	1:06.89	15-O		15-O	1:00.39	
49	37.29		10-Under 50 Fly		36.69	50
51	7:39.49		10-under 500 Free*	7:35.19		52
53			11-Over 1000 Free*			54
	12:52.99	11-12		11-12	12:48.89	
	12:07.59	13-14		13-14	11:41.49	
	11:55.89	15-O		15-O	11:12.19	

Session 4 Sunday, January 18, 2009 8:45 am

<u>Girls</u>	Slower than "A"		Event Description	Slower than "A"		<u>Boys</u>
55	1:23.19		11-12 100 IM	1:12.19		56
57			10-under 200 Med Relay			58
59			11-12 200 Med Relay			60
61			13-Over 200 Med Relay			62
63	2:36.39		10-under 200 Free	2:31.89		64
65	2:20.19		11-12 200 Free	2:16.59		66
67	2:14.19	13-14	13-Over 200 Free	13-14	2:05.79	68
	2:11.49	15-O		15-O	2:00.79	
69	47.99		10-under 100 Breast	48.19		70
71	37.99		11-12 100 Breast	41.09		72
73	1:26.69		10-under 100 Fly	1:25.69		74
75	1:13.59		11-12 100 Fly	1:12.19		76
77	2:31.29	13-14	13-Over 200 IM	13-14	2:21.89	78
	2:28.39	15-O		15-O	2:15.69	
79	2:38.59		11-12 200 IM	2:35.89		80
81	1:23.19		10-Under 100 IM	1:21.29		82
83	6:09.29	11-12	11-Over 500 Free*	11-12	6:04.69	84
	5:52.99	13-14		13-14	5:39.39	
	5:48.39	15-O		15-O	5:25.29	

* The 400 IM, 500, 1000, freestyle events will be swum fastest to slowest, alternating heats of girls and boys. Swimmers must provide their own timers and counters.