

*The University of Texas at Austin*



## LONGHORN AQUATICS

### 2008 Texas Age Group Swimming Long Course Championships

#### TAGS

July 23 - 27, 2008

**Entry deadline – 6 PM, Wednesday, July 16**

**Welcome:** Longhorn Aquatics invites you to join us at the Lee and Joe Jamail Texas Swimming Center (Swim Center) to compete in the Texas Age Group Swimming Long Course Championships. This meet is open to all qualifying USA registered swimmers. The meet will be conducted in one indoor 50 meter course, using a Colorado/Daktronics Timing System and Hy-Tek Meet Manager software. Designated warm-up lanes will be available during the meet.

**Location:** The Swim Center is located on the University of Texas Campus, 1900 Robert Dedman Drive, one block west of I-35 on the northwest corner of the intersection of Martin Luther King Boulevard and Red River Street.

**Liability:** USA Swimming, South Texas Swimming, The University of Texas, The Lee and Joe Jamail Texas Swimming Center, and Longhorn Aquatics accept no responsibility or liability for injuries sustained by any individual, athlete, coach, official, meet volunteer, or spectator while traveling to and from or while participating in the meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs.

**Sanctions:** This meet is sanctioned by South Texas Swimming and 2008 rules apply.

**Eligibility:** All swimmers, age 14 and younger, must be registered as athletes for 2008 with USA Swimming by the entry deadline and must be registered as a member of one of the five Texas Local Swimming Committees (LSC's). All swimmers must also meet the time standards established for each event he or she enters and must have achieved those times between June 1, 2007 and July 16, 2008. Typographical and transcription errors with regards to achieved qualification times will fall under the current USA Swimming Rules and Regulations Paragraph 207.11.7. Competitors must indicate their USA Swimming number and their age, as of July 23, 2008. Entries with "applied for" or "pending" will not be accepted. There will NOT be an opportunity to obtain a valid USA Swimming number or registration at the competition.

Swimmers may compete with a team that is registered with any of the five Texas LSC's. The team must be a member of the Texas Swimming Association (TSA) to compete for team points and awards. A swimmer may swim "unattached" if he/she is a member of an unregistered team or is ineligible to represent a team with whom they swim. Unattached swimmers may not earn team points. All teams must comply with all TSA entry requirements. Should a team be delinquent with TSA dues and/or fines at the start of the meet, all team members will swim unattached for the duration of the meet.

**Meet Operations:** Current USA Swimming Rules and Regulations govern this meet. TSA rules will apply where allowed. TSA rules prevail over any inconsistencies between TAGS Meet Information and current TSA rules. See attached order of events for the list of events and their schedule.

**Meet Format:** Preliminaries will be conducted using both ends of the 50-meter pool for starts, boys starting at one end and girls starting at the other alternating between boys and girls. Chase starts and under and over starts may be used at the discretion of the meet referee. Prelim events will be seeded by time and gender only as the TAGS event order allows. Sometimes the events will also be seeded by age. Some same distance and stroke events may be combined. All preliminary events will be swum slowest to fastest unless otherwise noted. Finals in individual events will be swum by single year age groups – 10 & U, 11, 12, 13, 14.

**Relays are timed final events.** The 800 Freestyle relays will be swum fastest to slowest. All other relays will have the fastest heat swim in finals, with slower heats swum in preliminaries. Relay cards are due to the Clerk of Course according to the schedule under “Check-In.” We will assume you are scratching your relay if a relay card is not turned in on time. If you plan to scratch a relay, filling out a relay card and writing “scratch” through it would be appreciated. Each team must indicate by Saturday night at 7 PM whether their Sunday relays are available to swim in finals. If no indication is made, the relay will be seeded as if it is available for an evening swim. Teams seeded in finals must swim or scratch. The order of swimmers on relay teams will be strictly enforced in accordance with 102.4.7 USA Swimming Rules and Regulations.

**Relay only swimmers must be entered in the meet via Hy-Tek to be eligible to swim relays or time trials according to TSA rules.**

**Scratch Rule:** Scratching for all final events is required as outlined in the current USA Swimming rules 207.7.9D and 207.7.9E. **Scratching for preliminaries is required** prior to the start of relays during finals the day before the event is scheduled to swim. Failure to scratch an event counts as one of your seven allowed events for the meet.

The 800 Freestyle, 1500 Freestyle, 400 Freestyle, 400 Individual Medley, and all relays are timed final events. The fastest heat of 10 & U, 11-12 and 13-14 girls and boys will swim in finals for the 400 Free. The fastest heat of 13-14 girls and boys will swim in finals for the 1500 free and the 400 IM.

There will be a 15 minute break on Wednesday between the 800 Freestyle and the 800 Freestyle Relays.

**Check In:** The 800 Freestyle will require positive check in and will be deck-seeded and listed in the heat sheet in psych sheet form. **Positive check-in is required for all deck-seeded events and for all relays.** Failure to check in will result in the competitor (or relay) being scratched from the event. All relay cards listing the order of swimmers must be turned into the clerk of course by the deadline; **failure to do so will result in the relay being scratched.** **Check-in times with clerk of course:**

Events 1-2	800 Freestyle	Wednesday by 3 PM
Events 3-4	800 Free Relay	Wednesday by 3 PM
Events 13-16	Thursday's Relays	Wednesday by 6 PM
Events 37-42	Friday's Relays	Thursday by 7 PM
Events 53-58	Saturday's Relays	Friday by 7 PM
Events 63-64	1500 Freestyle finals declaration	Saturday by 7 PM
Events 73-78	Sunday's Relays and finals declaration	Saturday by 7 PM

The 800 Freestyle (events 1 and 2) will be swum as a Timed Final, seeded by qualification times. All heats will be swum fastest to slowest. Heats will alternate girls then boys. The 1500 meter Freestyle includes the option to swim in either prelims or finals. The 1500-meter Freestyle will be swum as a Timed Final. The fastest 8 girls and fastest 8 boys of the pool of 13 and 14 year old swimmers who indicate their desire to swim during finals will swim during Sunday's Finals in event number order: girl's heat first and then boy's heat. **ALL OTHER HEATS WILL BE SWUM FASTEST TO SLOWEST, AS THE FINAL EVENT IN SUNDAY'S PRELIMINARY SESSION** alternating girls and boys and will begin 10 minutes after the conclusion of the last relay heat.

**Entry Deadline:** Entries must be received by **Wednesday, July 16, 2008 at 6 PM**. Entry fees must be received by Friday, July 18, 2008 at noon. If your entry fee is not RECEIVED on time, your team name will be posted on the TSA Website and the Longhorn Aquatics website. If your entry fee is still not received by Monday, July 21<sup>st</sup> at 6 PM, your entries will be removed and your swimmers must deck enter. No exceptions will be made – no refunds will be given. Please send only one check per team.

**Entries:** Swimmers may enter as many events as desired but may only compete in a total of seven (7) individual events during the entire meet with no more than three (3) individual events during any one day, plus one (1) relay event per day. Time trial events will count as one of the three events allowed per swimmer per day, but not for one of the seven (7) individual meet events. Please note the scratch rule above. If you enter more than seven events, you **must scratch the events you don't want to swim before relays begin the night before the event is to swim**. Failure to scratch an event counts as one of your seven allowed events for the meet.

All teams with five or more swimmers entered in the meet must submit their entries using Version 3 or 4 of Hy-Tek Team Manager software. Each team submitting electronic entries to the TAGS Entry Chair must submit their entries in one file even if their team has multiple sites.

Email entries, including the name and number of coaches that will attend to Debbie Norval at [anorval@austin.rr.com](mailto:anorval@austin.rr.com). When you email the entries, also attach a Word document of the Hy-Tek Meet Entry Report **by swimmer with proof of time information**. If you don't receive an email confirmation, your entries were not received.

Teams with fewer than five swimmers may send an **email** including the team, team abbreviation, LSC, the swimmers full name (as registered with USA Swimming), USA ID, event numbers, event description, and entry times for each swimmer.

No paper, phone, or fax entries will be accepted. Entries received without accurate USA Swimming registration numbers will NOT be accepted or processed.

All seed times should be submitted in 100ths. Swimmers qualifying with a “non-conforming” time (short course yards or short course meters) shall enter such event using the non-conforming time, which shall be designated by appending the time with “Y” for Short Course yards or “S” for Short Course meters and will be seeded in accordance with USA Swimming rules.

A swimmer with a qualifying time in the 1500 freestyle also qualifies for the 800 freestyle. If entering the 800 freestyle with a 1500 cut, the swimmer must be entered at the 800 freestyle cut off time. Provide proof of time for the 1500 qualifying time.

A 13-14 medley relay that has a qualifying time for the 400 medley relay also qualifies for the 200 medley relay. If this is the proof of qualifying time for the 200 medley relay, the relay must be entered at the cut.

**Entry Fees:** \$7.50 per individual event, \$15 for relays.

Entry fees must be **received** by **Friday, July 18, 2008 at noon**. If your entry fee is not received on time, your team name will be posted on the TSA Website and the Longhorn Aquatics website. If your entry fee is still not received by Monday, July 21<sup>st</sup> at 6 PM, your entries will be removed and your swimmers must deck enter. No exceptions will be made – no refunds will be given. Please send only one check per team.

Make checks payable to **The University of Texas at Austin** and

Mail to: Meet Director—TAGS  
Christie Binkley  
1 University Station D 4050  
1900 Robert Dedman Drive  
Austin, TX 78712-0364

**Deck Entries:** Deck entries will be accepted. You may deck enter for the current session beginning at the start of warm-up. Deck entries will close 30 minutes before the start of each session. Swimmers who deck enter must pre-prove their time with the Admin Referee and will be entered at the cut off time. A zero heat will be added if necessary, but there will be no standbys for open lanes. The deck entry fee is \$25.00 per event. **Swimmers not previously entered in the meet must present their USA swimming registration card** at Clerk of Course to be able to deck enter.

Relay deck entry fees are \$25 per relay, however all relay swimmers must already be entered via Hy-Tek in the meet by the entry deadline to be eligible to swim relays or time trials.

**Proof of Times:** All times must be pre-proved. For all rules and explanation pertaining to TAGS Proof of Times, swimmers and coaches are requested to refer to the TSA handbook. The USA Swimming database will be available through the administrative referee. Individual entries will be electronically pre-approved against the USA Swimming database. If a meet is in the USA Swimming database, coaches do not have to bring a hard copy to TAGS for proving any relays or individual swims aggregated together for qualifying times. Be aware that High School, and YMCA Meets WILL NOT be in the database. There are some meets for which results have not been submitted to the database, so, IF IN DOUBT, BRING A HARD COPY! As always, it is the coach's responsibility to MAKE CERTAIN that Proof of Times is on hand at the meet, otherwise, the \$50.00 fine will be imposed for any relay team that fails to achieve the minimum qualifying time or is disqualified. Should a second offense occur, another \$50.00 fine will be assessed and the swimmer will be barred from the remainder of the meet.

**Pre-TAGS General Meeting and Opening Ceremonies:** All swimmers must be represented at a pre-meet general meeting that will be held on Wednesday, July 23, 2008. The meeting will be held immediately after the end of Session 1 on the bleachers of the American Flag (north) end of the pool. Any possible changes in the conduct of the meet will be decided at this meeting. It is each swimmer and/or coach's responsibility to be aware of any decisions or changes that are made at this meeting.

There will be a short opening ceremony on Friday, July 25, 2008 at 09:00 am at the start of the Preliminaries Session. Each team will be introduced and recognized. Team representatives may carry team banners or flags. The opening ceremony will conclude at 09:15 am and will be followed promptly by the meet events.

Team pep rallies and demonstrations may be held BEFORE the playing of the National Anthem and after the start of the first event at each session, but not between the two.

<p><b>Time Trials:</b> Time Trials will be held, time permitting, for TAGS participants between preliminaries and finals on Friday and Saturday. Time Trial entries will be accepted from 9AM -11AM on Friday and Saturday. <b>There will be no time trials on Sunday!</b> The fee is \$15 per event. The sanction number is <b>ST-08-54</b>. A swimmer may swim a maximum of one time trial per day. The 800 yard Freestyle will only be offered for Time Trial on Friday and the 1500 Freestyle will only be offered for Time Trial on Saturday. Time trial events count toward a swimmers total number of events as outlined in the Entries section. Time Trial results will be published with the Final Results: however, these times cannot be considered for state records. Event order will be determined by the Time Trial Referee.</p>
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**Awards:**

**Individual Events:** Medals 1st through 8th

**Relay Events:** Medals 1st through 3rd, Ribbons 4th through 8th

**Teams:** TAGS Flags will be awarded to teams that finish in 1st through 10th places. The First Place team will receive the Leo Cancellare Award, TAGS traveling trophy.

**High Point Award:** A high point trophy will be given to the outstanding boy and girl swimmer in each age group based upon the total number of points in individual events during the meet.

**Team Age Group Award:** A white flag with red printing 3' x 2' in size will be given to the first place girl's and boy's teams in the following age groups using individual and relay events only: 10& Under, 11-12, and 13-14.

**Horizon Award:** Given to the team that has the greatest place improvement in the team standings. No previous score is necessary, but the team must have been entered and recognized in the meet. This award will be computed from last year's Long Course TAGS team rankings. No physical award is given.

All individual event and relay awards will be ready to be distributed to the swimmer or his/her coach daily up to one hour after the conclusion of the meet. Team Flags, Outstanding Swimmer Plaques, and High Point Trophies will be awarded within one hour of the conclusion of the meet. Coaches, teams, and athletes failing to pick up their awards within one hour after the conclusion of the meet shall make arrangements to receive the awards with the Meet Director at no expense to Longhorn Aquatics within 24 hours of the conclusion of the meet. If the awards are not available within one hour of the conclusion of the meet, the awards will be distributed to the team at the expense of Longhorn Aquatics.

**Scoring:** All events will be scored by age group

Individual Events: 9, 7, 6, 5, 4, 3, 2, 1

Relay Events: 18, 14, 12, 10, 8, 6, 4, 2

Team points will not be awarded for a performance that does not meet or better the minimum time standard for that event. However, the swimmer is entitled to the individual award if the swimmer can prove that he/she has met the qualifying time.

**Timers:**

Each team entered in the meet will be responsible for providing timers. Timing Assignments will be made on a pro-rata basis. Each team will be responsible for providing 1 timer for every 10 swimmers entered in the meet. However, each team must provide at least 1 timer. Timing assignments will be printed in the heat sheet

**Special Needs:**

Please notify the Jamail Texas Swimming Center Staff (512-471-7703) in advance of this event with the name and age of any member on your team who needs assistance to enter the building. TSC staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use our facility.

In any meet sanctioned or approved by this LSC that may include one or more swimmers with visual, hearing, mental, or physical disabilities, the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, i.e., Article 105. A disability is defined as a PERMANENT physical or mental impairment that substantially limits one or more major life activities.

**Parking:**

After 5:45 PM on weekdays and all day Saturday and Sunday parking is open on a space available basis on the surface lots surrounding the Swim Center. Please read all signs carefully as some spaces are reserved "At All Times." Parking in these spaces will likely result in a parking citation. For more information, check the Parking and Transportation web site at <http://www.utexas.edu/parking/> or call the TSC Front Desk at 512-471-7703.

More detailed event parking information will be posted on the Longhorn Aquatics website (<http://www.utexas.edu/longhornaquatics>) closer to the meet.

**SCHEDULE:** The following schedule will be used as a guideline for all activities.

### **WEDNESDAY, JULY 23**

2:00 to 9:00 p.m.	Pool open for warm-up.
3:00 p.m.	800 Freestyle check-in deadline
3:00 p.m.	Relay cards due to Clerk of Course for today's session
3:00 to 3:45 p.m.	Warm-up for 800 meter Freestyle
4:00 p.m.	Timed Finals for today's events (Girls at American, Boys at Texas)
6:00 p.m.	Relay cards due for tomorrow's relay events
15 minutes after end of session	Pre-TAGS General Meeting

### **THURSDAY, JULY 24**

7:00 to 7:30 a.m.	Group 3 Warm up
7:30 to 8:00 a.m.	Group 1 Warm up
8:00 to 8:30 a.m.	Group 2 Warm up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start (Boys at American, Girls at Texas)
4:00 to 5:00 p.m.	General Warm up
5:00 to 5:50 p.m.	Finalist Warm up
6:00 p.m.	Finals start for today's events
7:00 p.m.	Relay cards due to Clerk of Course for Friday relays

### **FRIDAY, JULY 25**

7:00 to 7:30 a.m.	Group 1 Warm up
7:30 to 8:00 a.m.	Group 2 Warm up
8:00 to 8:30 a.m.	Group 3 Warm up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Parade of athletes
9:15 a.m.	Preliminaries start (Girls at American, Boys at Texas)
4:00 to 5:00 p.m.	General Warm up
5:00 to 5:50 p.m.	Finalist Warm up
6:00 p.m.	Finals start for today's events
7:00 p.m.	Relay cards due to Clerk of Course for Saturday relays

### **SATURDAY, JULY 26**

7:00 to 7:30 a.m.	Group 2 Warm up
7:30 to 8:15 a.m.	Official's National Certification Clinic
7:30 to 8:00 a.m.	Group 3 Warm up
8:00 to 8:30 a.m.	Group 1 Warm up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start (Boys at American, Girls at Texas)
4:00 to 5:00 p.m.	General Warm up
5:00 to 5:50 p.m.	Finalist Warm up
6:00 p.m.	Finals start for today's events
7:00 p.m.	1500 Freestyle am/pm preference due
7:00 p.m.	Sunday relay a.m./p.m. preference due
7:00 p.m.	Relay cards due to Clerk of Course for Sunday relays

### **SUNDAY, JULY 27**

7:00 to 7:30 a.m.	Group 3 Warm up
7:30 to 8:00 a.m.	Group 1 Warm up
8:00 to 8:30 a.m.	Group 2 Warm up
8:30 to 8:45 a.m.	Dive/Sprint/Pace for all athletes
9:00 a.m.	Preliminaries start (Girls at American, Boys at Texas)
4:00 to 5:00 p.m.	General Warm up
5:00 to 5:50 p.m.	Finalist Warm up
6:00 p.m.	Finals start for today's events

**A 10 & under warm up area will be designated in the diving well.**

\*There will be a minimum two-hour break between the end of the Preliminary Session and the start of the Final Session. The Final Session will start no earlier than 4:30 PM but may start later, based on the end of the Preliminary Session.

**Warm-Up Schedule\*\***

	<i>Day 1</i>	<i>Day 2</i>	<i>Day 3</i>	<i>Day 4</i>
7:00 to 7:30	Group 3	Group 1	Group 2	Group 3
7:30 to 8:00	Group 1	Group 2	Group 3	Group 1
8:00 to 8:30	Group 2	Group 3	Group 1	Group 2
8:15 to 8:30	Dive/Sprint Pace for all athletes			

  

<b><u>Group 1</u></b> West Texas Gulf (except Woodlands)	<b><u>Group 2</u></b> South Texas The Woodlands	<b><u>Group 3</u></b> North Texas Border
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\*\* Please be advised that the Meet Director and the Meet Referee MAY adjust teams to maintain balance at all three warm-ups. Teams mandated to move will be notified by email and any changes will be posted on the TSA website by Monday, July 21, 2008.

**Meet Referee:** Frank Swigon  
210-831-4313  
[fswigon@yahoo.com](mailto:fswigon@yahoo.com)

**Meet Director:** Christie Binkley  
512-471-7433  
[christie.binkley@austin.utexas.edu](mailto:christie.binkley@austin.utexas.edu)

**Entry Chair:** Debbie Norval  
512-329-9110  
[anorval@austin.rr.com](mailto:anorval@austin.rr.com)

**Officials:** Help from visiting officials is always welcome. Visiting officials are asked to email the Meet Referee with their certification level and availability so he can plan accordingly. All officials must attend a mandatory meeting one hour before each session. The uniform for all preliminary sessions will be white shirt over khaki shorts/pants/skirt, as appropriate. Finals uniform will be blue shirt over khaki pants/skirt (NO shorts), as appropriate. Officials must prominently display their USA and Texas LSC credentials while on deck. The wearing of name tags is encouraged.

**Official Certification:** Application will be made for this meet to be designated a National Qualifying Meet for Officials. Applications for evaluation can be obtained from the officials section of the USA Swimming web site. The application for approval will also request the assignment of National Evaluators to perform "final evaluations" for N3 Starter and N3 Referee candidates.

**Deck Access:** Only USA Swimming registered athletes swimming in this meet, coaches, officials and volunteers will be allowed access beyond the front desk of the Texas Swimming Center. Those wishing to volunteer as a timer will be given a pass to access the deck and help for that specific purpose. Coaches and officials will be required to show their current USA Swimming registration card at the front desk in order to be on deck.

Please be aware that swimmers will not be allowed onto the deck until one of their team coaches has checked in and is on deck. Any non-registered individuals not respecting these rules will be removed from that area or from the facility at the discretion of the Meet Director, Longhorn Aquatics Program Director or Texas Swimming Center staff.

**TSC Rules:** As guests of The University of Texas, all must adhere to the Texas Swim Center (TSC) rules. Coaches must supervise their swimmers. Chewing gum, glass containers, helium balloons and shoes with wheels are not permitted in the building. Locks may not be left on lockers overnight. Wet swimmers cannot leave pool deck. Children must be supervised at all times.

**Spectators and athletes may not bring food nor drink into the Texas Swim Center from outside sources. Teams ARE permitted to bring two (2) coolers on to the deck.**

## 2008 Order of Events for Long Course TAGS

**Wednesday, July 23, 2008**  
Timed Finals

<b>Girls Event #</b>	<b>Qualifying Standard</b>	<b>Event</b>	<b>Qualifying Standard</b>	<b>Boys Event #</b>
1*	9:56.19	13 800 Free	10:01.09	2*
1*	9:48.49	14 800 Free	9:28.19	2*
<b>15 minute Break</b>				
3*	9:26.59	13-14 800 Free Relay	9:28.39	4*

\* Timed Finals. All events will swim fastest to slowest. The 800 Free (events 1 & 2) will alternate girls and boys and swimmers must provide their own counters.

**Thursday, July 24, 2008**

<b>Girls Event #</b>	<b>Qualifying Standard</b>	<b>Event</b>	<b>Qualifying Standard</b>	<b>Boys Event #</b>
5	3:06.49	10&U – 200 IM	3:05.29	6
5	2:53.39	11 – 200 IM	2:51.59	6
5	2:44.69	12 – 200 IM	2:43.99	6
5	2:38.29	13 – 200 IM	2:36.49	6
5	2:35.39	14 – 200 IM	2:30.09	6
7	40.79	10&U – 50 Back	40.79	8
7	38.09	11 – 50 Back	38.09	8
7	36.19	12 – 50 Back	35.89	8
9	1:04.09	13 – 100 Free	1:02.39	10
9	1:02.89	14 – 100 Free	1:00.29	10
9	1:15.69	10&U – 100 Free	1:15.29	10
9	1:09.79	11 – 100 Free	1:10.19	10
9	1:06.29	12 – 100 Free	1:06.49	10
11	2:38.59	14 - 200 Fly	2:32.59	12
11	2:42.59	13 - 200 Fly	2:41.29	12
11	2:52.19	12 - 200 Fly	2:56.09	12
11	3:29.19	11 - 200 Fly	3:25.59	12
13*(1)	4:53.49	13-14 – 400 Medley Relay	4:45.19	14*(1)
13*(1)	5:16.39	11-12 – 400 Medley Relay	5:28.69	14*(1)

\*(1) Timed finals with the fastest heat of 13-14 and 11-12 girls and boys swimming in finals.

## Friday, July 20, 2007

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
15	2:43.69	10&U – 200 Free	2:43.79	16
15	2:31.99	11 – 200 Free	2:31.29	16
15	2:26.39	12 – 200 Free	2:24.09	16
15	2:18.59	13 – 200 Free	2:16.69	16
15	2:15.99	14 – 200 Free	2:10.79	16
17	46.89	10&U 50 Breast	46.99	18
17	42.59	11 – 50 Breast	43.29	18
17	40.09	12 – 50 Breast	40.89	18
19	1:12.19	13 – 100 Fly	1:10.99	20
19	1:10.69	14 – 100 Fly	1:06.69	20
19	1:30.49	10&U – 100 Fly	1:31.69	20
19	1:21.39	11 – 100 Fly	1:21.99	20
19	1:15.79	12 – 100 Fly	1:17.29	20
21*(1)	5:36.09	13 – 400 IM	5:33.79	22*(1)
21*(1)	5:28.59	14 – 400 IM	5:18.89	22*(1)
23*(2)	5:22.19	10&U 400 Free Relay	5:33.09	24*(2)
23*(2)	4:37.19	11-12 400 Free Relay	4:48.69	24*(2)
23*(2)	4:21.39	13-14 400 Free Relay	4:15.09	24*(2)

\*(1) Timed finals with the fastest heat of 13-14 girls and boys swimming in finals.

\*(2) Timed finals with the fastest heat of 10 & U, 11-12 and 13-14 girls & boys swimming in finals.

## Saturday, July 21, 2007

Girls Event #	Qualifying Standard	Event	Qualifying Standard	Boys Event #
25	2:55.39	11 – 200 Back	2:57.49	26
25	2:47.59	12 – 200 Back	2:46.09	26
25	2:39.29	13 – 200 Back	2:37.89	26
25	2:37.09	14 – 200 Back	2:31.29	26
27	38.69	10&U – 50 Fly	38.79	28
27	35.49	11 – 50 Fly	35.89	28
27	33.59	12 – 50 Fly	34.19	28
29	1:23.19	14 - 100 Breast	1:20.19	30
29	1:24.29	13 - 100 Breast	1:23.39	30
29	1:28.79	12 – 100 Breast	1:28.99	30
29	1:32.49	11 – 100 Breast	1:34.79	30
29	1:40.59	10&U – 100 Breast	1:41.59	30
31*(2)	4:47.49	14 – 400 Free	4:36.59	32*(2)
31*(2)	4:50.49	13 – 400 Free	4:49.19	32*(2)
31*(2)	5:04.89	12 – 400 Free	5:01.99	32*(2)
31*(2)	5:20.49	11 – 400 Free	5:18.19	32*(2)
31*(1)	5:49.09	10&U – 400 Free	5:43.29	32*(1)
33*	1:59.29	13-14 200 Free Relay	1:54.29	34*
33*	2:06.39	11-12 200 Free Relay	2:09.59	34*
33*	2:26.69	10&U 200 Free Relay	2:31.49	34*

\*(1) Timed finals with the fastest heat of 10 & under girls and boys swimming in finals.

\*(2) Timed finals with the fastest heats of 13-14 and 11-12 girls and boys swimming in finals.

\* Timed finals with the fastest heat of 13-14, 11-12 and 10 & U girls and boys swimming in finals.

## Sunday, July 22, 2007

<b>Girls Event #</b>	<b>Qualifying Standard</b>	<b>Event</b>	<b>Qualifying Standard</b>	<b>Boys Event #</b>
35	3:19.69	11 – 200 Breast	3:26.19	36
35	3:07.99	12 – 200 Breast	3:11.79	36
35	3:00.49	13 - 200 Breast	3:01.19	36
35	2:57.79	14 - 200 Breast	2:51.69	36
37	34.19	10&U – 50 Free	34.09	38
37	31.89	11 – 50 Free	32.09	38
37	30.69	12 – 50 Free	30.49	38
37	29.69	13 – 50 Free	28.69	38
37	29.09	14 – 50 Free	27.79	38
39	1:27.89	10&U – 100 Back	1:27.89	40
39	1:21.89	11 – 100 Back	1:22.19	40
39	1:18.59	12 – 100 Back	1:18.19	40
39	1:14.89	13 - 100 Back	1:13.49	40
39	1:13.99	14 - 100 Back	1:09.99	40
41**	19:21.19	13 – 1500 Free	19:15.89	42**
41**	18:55.69	14 – 1500 Free	18:14.69	42**
43*	2:46.89	10&U 200 Medley Relay	2:55.89	44*
43*	2:24.69	11-12 200 Medley Relay	2:28.79	44*
43*	2:14.59	13-14 200 Medley Relay	2:13.79	44*

\*Timed finals. Fastest heat to swim in finals

\*\* Timed final – Fastest heat of the total pool of 13-14 year old swimmers swims in finals. Finals swimmers must provide their own counters. All others swum last in prelims, alternating girls/boys heats seeded fastest to slowest. 1500 meter freestyle swimmers swimming in prelims must provide their own counters and timers.

*The University of Texas at Austin*  
**Lee and Joe Jamail Texas Swimming Center & Longhorn Aquatics**  
 1900 Robert Dedman Drive  
 Austin, Texas 78712-0363

## 2007-2008 Sponsor Hotels

### **Radisson Hotel & Suites on Town Lake**

111 Cesar Chavez  
 Austin TX 78701



**Contact: Emily Hastings**  
 (512) 478-9611

[ehastings@radissonaustin.com](mailto:ehastings@radissonaustin.com)

Located in the heart of downtown Austin, minutes from the UT Swim Center, Home of Starbucks coffee and home of T.G.I. Fridays restaurant

### **Holiday Inn Town Lake**

20 N IH-35  
 Austin, TX 78701



**Contact: Brigitte Ards**  
 (512) 634-1274

[bards@pacifcahost.com](mailto:bards@pacifcahost.com)

Located directly on the Town Lake hike and bike trail, minutes from the UT pool, with free parking

### **Hampton Inn & Suites Downtown**

200 San Jacinto  
 Austin, Texas 78701



**Group Contact: Carrie Bond** (512) 744-0825  
[cbondvalencia@aol.com](mailto:cbondvalencia@aol.com)

Complimentary breakfast, fitness room, pool, walk to over 75 restaurants, and only 1 mile to the swim center

### **Hampton Inn and Suites Airport**

7712 E Riverside Drive, Austin, TX 78744

**Contact: Cynthia Garcia** (512) 356-6602  
[cynthia\\_garcia@hilton.com](mailto:cynthia_garcia@hilton.com)

### **DoubleTree Club Hotel**

1617 N IH-35  
 Austin, Texas 78702



**Contact: Brianna Look**  
 (512) 479-4000 ext. 7030  
[brianna.look@hilton.com](mailto:brianna.look@hilton.com)

Located just east of the Texas Swim Center (across I-35), free parking, complimentary high speed internet access, warm chocolate chip cookie at check-in

### **Embassy Suites**

North - 5901 North I-35

**Contact: Kris Paulson** (512) 454-8004 ext. 7025  
[www.embassysuitesaustinnorth.com](http://www.embassysuitesaustinnorth.com)



Downtown – 300 South Congress Ave  
 Contact: Craig Harms (512) 617-2574  
[www.austindowntown.embassysuites.com](http://www.austindowntown.embassysuites.com)

### **Hyatt Place**

7522 North I-35  
 Austin, TX 78752



**Contact: Amber Lamb** (group reservations)  
 (512) 323-2121 Ext. 1607

Individual Reservations: (512) 323-2121  
[www.hyatt-place.com](http://www.hyatt-place.com)

### **Drury Hotels of Austin North**

6711 North I-35



**Contact: Bekah DePyper** (10+ rooms)  
 (800) 436-1167

[Bekah.depyper@druryinn.com](mailto:Bekah.depyper@druryinn.com)

Individual Reservations: (800) 378-7946  
[www.druryhotels.com/properties/austinnorth.cfm](http://www.druryhotels.com/properties/austinnorth.cfm)

**SOUTH TEXAS SWIMMING, Inc.**  
**Safety Guidelines and Warm-up Procedures**

## A. WARM-UP PROCEDURES

- I. Assigned warm-up Procedures.
  - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
  - b. All warm-up activities will be coordinated by the coach(es) supervising that lane
  - c. Dive sprints may be done only under the direct supervision of the coach
- II. Open warm-up procedures.

POOL	LANE USE		
	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first ½ of the assigned warm-up time shall be general warm-up for all lanes.
  - b. Push/Pace Lanes will push off one or two lengths from starting end.
  - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times. One way only! Dive sprints may only be done under the direct supervision of the coach.
  - d. There will be no diving in the general warm-up lanes. Circle swimming only.
  - e. No kick boards, pull buoys, or hand paddles may be used.
3. Safety Guidelines
- a. Coaches are responsible for the following:
    1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices
    2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
    3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
  - b. The host team will be responsible for the following.
    - 1) A minimum of four (4) marshals who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
    - 2) Marshals must be members of United States Swimming.
    - 3) Marshals will have authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these Procedures.
    - 4) The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
    - 5) Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area. The following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
    - 6) An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
    - 7) Hazards in locker rooms, on deck, or areas used by coaches, swimmers, or officials will be either removed or clearly marked.

## B. MISCELLANEOUS NOTES

1. Backstrokers will ensure that they are not starting as the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
2. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
3. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
4. Warm-up procedures will be enforced for any breaks scheduled during the competition.
5. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warmup unless approved by the Referee.

***NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.***

**STSI Safety Guidelines and Warm-up Procedures Revised 29SEP03**



