

2003 – USA Swimming Southern Zone Age Group Championship July 30 – August 2, 2003

Sponsored By: USA Swimming, Inc.
Sanctioned By: Florida Gold Coast Swimming – Sanction #73103-FG4
Host: Fort Lauderdale Aquatic Complex
Meet Director: Stu Marvin – (954) 828-4581
Meet Referee:

Facility: Fort Lauderdale Aquatic Complex – Fort Lauderdale, Florida
Competition – Long Course Meters. Two 10-lane 25Y x 50M Courses. Each course has one buffer lane and one warm-up / warm-down lane open continuously during the meet. 8 Lanes used for competition. The Stadium Course will be used for finals.

General Meeting: There will be a mandatory meeting for all Head Coaches and at least one Captain from each team on Wed. July 30th – 10:00am. The location of the meeting will be posted at the pool entry gate at the Fort Lauderdale Aquatic Complex.

Social: There will be an athlete social following the timed final events on Wednesday afternoon/evening. Details to be announced at a later date.

Meet Schedule:	Wed, July 30 th	Warm-up 12:00pm	Timed Finals 2:00pm
	Wed.- Sat. July 30-Aug. 1	Warm-up 7:00am	Trials 9:00am
		Warm-up 4:00pm	Finals 6:00pm

Warm-Up Procedures: Both competition courses are available for warm-up – 20 Lanes total. LSC's will be assigned lanes daily on a schedule provided at the general meeting.

Preliminaries: Both Courses

7:00 – 8:00 am –	All lanes general warm-up – Circle swim.
8:00 – 8:45 am –	Lanes 1 & 10 – Pace – 50's and 100's from a push.
	Lanes 3 & 8 – One way racing starts – Return 2 & 9.
	Lanes 4 – 7 – General warm-up – Circle Swim Only.

Finals: Scoreboard Course

4:00 – Completion	Lanes 1 & 10 – Pace – 50's and 100's from a push.
	Lanes 2 – 9 - General warm-up – Circle Swim Only

Stadium Course

4:00 – 5:00 pm –	All lanes general warm-up – Circle swim only.
5:00 – 5:45 pm –	Lanes 1 & 10 – Pace – 50's and 100's from a push.
	Lanes 3 & 8 – One way racing starts – Return 2 & 9.
	Lanes 4 – 7 – General warm-up – Circle Swim Only.

Rules: Current USA Swimming rules will govern the meet.

Eligibility: Currently registered USA Swimming year-round athletes selected by their LSC. **ANY SWIMMER WHO HAS EVER ACHIEVED THE CURRENT SENIOR NATIONAL CHAMPIONSHIP TIME STANDARD IN ANY EVENT (LONG OR SHORT COURSE) PRIOR TO THE LATEST POSSIBLE ENTRY DEADLINE FOR THE 2003 LONG COURSE USA SWIMMING SENIOR NATIONAL CHAMPIONSHIP IS INELIGIBLE TO COMPETE IN THE 2003 SOUTHERN ZONE AGE GROUP CHAMPIONSHIP.**

Entry Limit: Each LSC is limited to:

- 48 Swimmers – 6 Females & 6 Males in each age group.
- One relay team per event
- Three individual entries per event for all individual events.

- Entry Limit:** Each Swimmer is limited to:
- Six individual events (Entered) for the meet.
 - Three individual events (Entered) per day.
- Age:** The age of the swimmer on the first day of the meet will be their age for the entire meet.
- Seeding:** Only LONG COURSE METERS (50 meter) times will be accepted for the purpose of seeding. Wednesday evening's events will be deck seeded timed finals with positive check-in at the General Meeting. NOTE: 800/1500 – All ages swum together and scored separately. All preliminary events and Wednesday timed final events will be swum in two courses with the women in one course and men in the other course.
- Scratches** No Penalty for scratches preliminaries. Deck Seeded Events – Swimmers who are checked in and then fail to compete will be barred from their next individual event.. FINALS – Swimmers who qualify for finals and then fail to declare their intention to scratch to the Clerk of Course within thirty minutes of the announcement of the finalists for that event, and then fail to scratch within 30 minutes of their last event of that session and then fail to compete in the event in the finals will be barred from ALL subsequent competition in the meet. (Exception: The Head Referee may allow a swimmer to compete further if based on his judgment, the swimmer was ill of the reason for missing the final was beyond the control of the swimmer.)
- Relays:** All relays will be swum in the evening session as timed finals. Relay cards will be filled out at the meet and turned in as specified by the Referee.
- Entries:** **Electronic entries are REQUIRED.** A Team Management “Meet Events” file will be posted for download on the Southern Zone web site by June 30, 2003.
- Email entries to: StuM@ci.fort-lauderdale.fl.us Confirmation will be sent confirming receipt of the entries. Corrupt, unreadable, or incorrectly formatted files must be retransmitted within 24 hours of the entry deadline. Errors in entries submitted electronically are the responsibility of the applicant. A copy of the LCS's official selection procedure must be must be hand delivered to the Meet Director prior to the first day's events.
- Entry Fees:** \$7.50 per Individual Event. \$10.00 per Relay Event
- Entry Deadline:** All entries must be emailed (*SDIF or COMLINK ONLY – NO FREE TEXT*), by 6:00 PM EST on Monday, July 28, 2003
- Email Entries To:** StuM@ci.fort-lauderdale.fl.us **Voice Confirmation:** 954-828-4581
- Code of Conduct:** All athletes and coaches are required to sign the enclosed code of conduct in order to participate in the meet. Forms must be turned in to the Meet Director during registration or the general meeting.
- Parade of Athletes:** The parade of athletes is scheduled on Thursday – July 31, 2003 at 5:30pm. The competition pool will close for warm-up at 5:20pm. Any athlete who enters any pool during the parade is subject to ejection from the meet. Excessive body paint, glitter, etc. must be washed off prior to the competition. Swimmers who do not comply risk disqualification for delay of the meet.
- Awards:** **Individual Events:** 1-8 Medals **Relays:** 1-3 Medals
Team Championship: 1st Place Team - Banner & 50 T-Shirts 2nd-3rd Plaque/Trophy
Age Group Championship 1st –Women 1st – Men each age group - Banner

Wednesday - 800/1500 – At the conclusion of the events – prior to social.

Thurs.-Sat. Awards presented nightly beginning on Day 2 and IAW the schedule presented by the Meet Referee at the general meeting. The general schedule will be the previous nights final event awarded prior to the first event in finals the next night. There will be an awards ceremony after each set of events (example: All M/F 200 Free). The LSC of the winning athlete/team will present the awards for that event

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Order of Events

Legend: P- Positive Check-In
 T- Timed Final
 S- Special Seeding – All ages swum together scored separately (13-14, 15-16, 17-18).

ALL RELAYS SWUM IN FINALS.

Wed. – July 30, 2003 W/U 12:00pm – Timed Finals – 2:00pm			
Event #	Age	Event	Event #
1	13-18	800 Free-P/T/S	
	13-18	1500 Free-P/T/S	2

PRELIM – Thurs. July 31, 2003 W/U 7:00am – Trials – 9:00am			
Event #	Age	Event	Event #
3	11-12	200 Free	4
5	13-14	200 Free	6
7	15-16	200 Free	8
9	17-18	200 Free	10
11	11-12	100 Back	12
13	13-14	200 Back	14
15	15-16	200 Back	16
17	17-18	200 Back	18
19	11-12	50 Fly	20
21	13-14	100 Fly	22
23	15-16	100 Fly	24
25	17-18	100 Fly	26
27	13-14	400IM	28
29	15-16	400IM	30
31	17-18	400IM	32

FINALS – Thurs. July 31, 2003 W/U 4:00pm – Finals 6:00pm			
Event #	Age	Event	Event #
3	11-12	200 Free	4
5	13-14	200 Free	6
7	15-16	200 Free	8
9	17-18	200 Free	10
11	11-12	100 Back	12
13	13-14	200 Back	14
15	15-16	200 Back	16
17	17-18	200 Back	18
19	11-12	50 Fly	20
21	13-14	100 Fly	22
23	15-16	100 Fly	24
25	17-18	100 Fly	26
27	13-14	400IM	28
29	15-16	400IM	30
31	17-18	400IM	32

Order of Events (con't)

PRELIM – Fri. – August 1, 2003 W/U 7:00am – Trials – 9:00am			
Event #	Age	Event	Event #
33	11-12	100 Breast	34
35	13-14	200 Breast	36
37	15-16	200 Breast	38
39	17-18	200 Breast	40
41	11-12	50 Free	42
43	13-14	50 Free	44
45	15-16	50 Free	46
47	17-18	50 Free	48
49	11-12	50 Back	50
51	13-14	100 Back	52
53	15-16	100 Back	54
55	17-18	100 Back	56
57	11-12	400 Free	58
59	13-14	400 Free	60
61	15-16	400 Free	62
63	17-18	400 Free	64

FINALS – Fri. – August 1, 2003 W/U 4:00pm – Finals – 6:00pm			
Event #	Age	Event	Event #
33	11-12	100 Breast	34
35	13-14	200 Breast	36
37	15-16	200 Breast	38
39	17-18	200 Breast	40
41	11-12	50 Free	42
43	13-14	50 Free	44
45	15-16	50 Free	46
47	17-18	50 Free	48
49	11-12	50 Back	50
51	13-14	100 Back	52
53	15-16	100 Back	54
55	17-18	100 Back	56
57	11-12	400 Free	58
59	13-14	400 Free	60
61	15-16	400 Free	62
63	17-18	400 Free	64
65	11-12	200 Free Relay	66
67	13-14	200 Free Relay	68
69	15-16	200 Free Relay	70
71	17-18	200 Free Relay	72

PRELIM – Sat. August 1, 2003 W/U 7:00am – Trials – 9:00am			
Event #	Age	Event	Event #
73	11-12	200 IM	74
75	13-14	200 IM	76
77	15-16	200 IM	78
79	17-18	200 IM	80
81	11-12	100 Free	82
83	13-14	100 Free	84
85	15-16	100 Free	86
87	17-18	100 Free	88
89	11-12	100 Fly	90
91	13-14	200 Fly	92
93	15-16	200 Fly	94
95	17-18	200 Fly	96
97	11-12	50 Breast	98
99	13-14	100 Breast	100
101	15-16	100 Breast	102
103	17-18	100 Breast	104

FINALS – Sat. August 1, 2003 W/U 4:00pm – FINALS – 6:00am			
Event #	Age	Event	Event #
73	11-12	200 IM	74
75	13-14	200 IM	76
77	15-16	200 IM	78
79	17-18	200 IM	80
81	11-12	100 Free	82
83	13-14	100 Free	84
85	15-16	100 Free	86
87	17-18	100 Free	88
89	11-12	100 Fly	90
91	13-14	200 Fly	92
93	15-16	200 Fly	94
95	17-18	200 Fly	96
97	11-12	50 Breast	98
99	13-14	100 Breast	100
101	15-16	100 Breast	102
103	17-18	100 Breast	104
105	11-12	200 Med. Relay	106
107	13-14	200 Med. Relay	108
109	15-16	200 Med. Relay	110
111	17-18	200 Med. Relay	112